

## HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q2)

PROJECT TITLE: Alcohol				
	Outcomes and behavioural goals planned	Outcomes and behavioural goals achieved	Variance	Action Plan to address any variance
July – Sept 11 (Q2)	Attend Blitz steering group meeting obtain funding and organise Blitz 11-12 contact all secondary schools.	The police have yet to arrange a Steering group meeting.		I arranged meeting for 18/11/11
	Work with and shadow street safe workers and street pastors in Newquay, to ensure young people keep safe if drinking and are aware of where to get help if it is required.	<p>Nightshift with Newquay safe team  <b>15/07/11 9pm till 3am</b>                      7 people used service, 5 females, 2 males and 2 of them under 18.</p> <p><b>29/07/11 9pm till 3am</b>                      10 people used service, 7 female, 3 males, 0 under 18.</p> <p><b>12/08/11 9pm till 3.30am</b>                      5 people used service, 3 females, 2 males, 2 under 18.</p> <p>Follow up letter in which recommendation were made to improve the service.</p> <p>Article was also written about the project, to raise awareness. Printed in the HPS newsletter.</p>		

	Help with evaluation of Blitz 10-, use feedback to inform Blitz workshop.	Feed back collected from Teachers and parents about Blitz, awaiting meeting to feedback to other services.		Arrange meeting for the 18/11/11
	Continue to coordinate alcohol education resource group, arranging meeting and compile data – aim to launch resource toolkit late September.	Alcohol Education resource group disbanded. Resource toolkit Christopher Winter project for secondary still being developed. Other format of resources being researched.		Arranged meeting for the 06/11/11 between DAAT, YZUP, Healthy Schools, Myself, Speak It Teach It and Penni Barker to discuss plans for future. Report in Q3
	Research and develop “sex under the influence” leaflet and training.	Leaflet completed and sent to printers for December campaign Attended external training in subject.		Report in Q3
	Research and develop alcohol awareness training.	In progress – researching new ways to deliver risk alcohol session in youth setting.		
	Attend fresher fairs x 6	07/09/11 Saltash 14/09/11 Rosewarne 15/09/11 St Austell 19/09/11 Truro 21/09/11 Camborne 23/09/11 Falmouth <b>Total 1200</b> students talked to about alcohol.	0	

		<p>Key messages delivered,  *Personal safety this includes,  How to stay safe ( before, during and after at night out), spiking  *units / units and calories  *alcohol and physical, mental and sexual health  *a balanced approach to drinking alcohol.  Resources handed out ;  500 Spikies  86 measuring cups  400 wheels</p>		
	Deliver “sex under the influence” to Share’s new volunteers.	Pushed till the 07/10/11		Report in Q3
	Distribute personal safety leaflets to colleges, youth clubs and centres	<p><b><u>Key messages</u></b>  Units, Units and calories, safety message for before during and after a night out. Recovery position.</p> <p><b><u>Schools:</u></b>  Brannel School,  Budehaven Community School,  Callington Community College,  Camborne Science and Comm College,  Cape Cornwall School,</p>		

		<p>Helston Comm College, Humphry Davy School, Launceston College, Liskeard School and Comm College, Falmouth School, Fowey Comm Coillege, Hayel Comm Colllege, Loooe Comm School, Mounts Bay School, Mullion School, Newquay Tretherras School, Penair School, Penrice Comm College, Penryn College, Poltair School, The Roseland Comm College, Pool Business &amp; Enterprise College, Torpoint Comm College, Treviglas Comm College, Redruth School: A technology college, Richard Lander School, Saltash.net Comm School, Sir James Smith's comm. School, Wadebridge School, St Ives School: A tech College, Five Islands School</p> <p><b><u>Colleges:</u></b> Saltash,</p>		
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		<p>Rosewarne, St Austell, Truro College, Camborne, Stoke, Newquay, Falmouth</p> <p><b><u>Youth clubs/Centres:</u></b> St Just Youth Club, The Dracaena Centre, YOP Team, Fourways Youth Centre, Helston Youth Centre, K3 Young people's centre, The House Youth Project, Redruth Youth Centre, Livewire, Hayel Youth Project, Hayel Town Youth Centre, Newquay Youth Centre, Creazen an Enys – The Island Youth Centre, Liskeard Youth Project, YMCA Mullion, YMCA Penzance, YMCA Redruth, Falmoth/Penryn detached unit, The youth Centre (st Columb Major), Youth Hub (IOS), BF Adventure, Cornwall Federation of Young</p>		
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		<p>Farmers Clubs,  Lauceston Youth Partnership,  Bude Youth Project,  The Sea Cadets Corps,  WILD,  Liskeard, Looe and Callington Area  Youth office,  Zebs,  The Dreadnought Centre  Platform 51  <b><u>Share offices:</u></b>  Penzance, Newquay, Camborne,  Bodmin and St Austell.  <b><u>Foyer:</u></b>  Padstow, Redruth, Truro, Bodmin,  Launceston and Pool  <b><u>Total 5760 delivered</u></b></p>		
	Develop and deliver a programme for YOT (young offending team) to parents of clients with alcohol issues.	Attended external training in subject and development. In progress and looking at ways to add alcohol to speakeasy training.		Not confirmed as yet.
	Attend Brook Bite size at Torpoint	Delivered workshops alcohol and risk to <b>52 males 72 females</b> . Learning objectives, * make young people aware of the effects of alcohol on ourselves.		

		<ul style="list-style-type: none"> <li>* exploring the effects of alcohol can have on our bodies, the effects on what we do and the effect alcohol can have on other people</li> <li>* Reflect on their own experiences and knowledge of the effect of alcohol.</li> </ul>		
	Alcohol Awareness week completion for Secondary Schools .	Packaged and sent to 23 Secondary Schools. Learning objectives linked to National Alcohol awareness campaign <ul style="list-style-type: none"> <li>* discuss the ideas of risk</li> <li>* discuss ideas of risk related to alcohol.</li> </ul>		
	Attend Healthy workplace event at Bedruthan Steps.	Attended and spoke to 50 people about alcohol and risk. Main messages delivered, <ul style="list-style-type: none"> <li>*Personal safety</li> <li>*Affects of alcohol on the body including physical effects ,mental health and sexual health.</li> <li>*Units and recommended allowance for both genders.</li> <li>*Alcohol and weight gain</li> </ul>		

	<p>Newsletter regarding new resources, alcohol information and free training sent monthly to engage schools for future delivery</p>	<p>Contacted Heads of PSHE in all schools in Cornwall and provided questionnaire about resources needed. Schools that responded, Glynn House Short Stay School, Children in care education support service, Humphrey Davy, Redruth School, St Ives, North Cornwall Short Stay School, Nine Maidens short stay school, Richard Lander, Bodmin College, Penryn College, Penair, Torpoint Community College, Poltair School, Tretherras School, Pool Academy, Restormel Short Stay School, Callington Community College, Five Island School, Cape Cornwall School, Looe School, Mounts Bay School, Saltash Community College.</p>		
<p><b>Partners worked with this Q, incl HPS</b></p>	<p>DAAT, Cornwall College, Newquay Town Council, Devon and Cornwall Constabulary, South western ambulance service NHS Trust YZUP,</p>			

	<p>Brook,  Trading Standards,  Fire service,  Health Promotion Sexual health worker,  EEFO,  Sun safe,  Chlamydia Screening  Healthy Schools  Speak It Teach It  Cornwall Council includes Penni Barker, Chris Billing</p>
	<p><b>Outcomes and behavioural goals planned</b></p>
<p><b>Oct – Dec 11  (Q3)</b></p>	<p>Attend sexual health events at Cornwall College through out November- Providing leaflets about links to sexual health and alcohol.</p>
	<p>Attend Alcohol Awareness events at Cornwall College through out December – Providing Advice and guidance on reducing young peoples risk when consuming alcohol.</p>
	<p>Provide training for Share on Sex under the influence.</p>
	<p>Attend Brook bite size sessions.</p>
	<p>Gather information for the Alcohol needs assessment 2011.</p>
	<p>Attend meeting with steering group about Blitz and feedback data collected.</p>
	<p>Deliver ‘Risk and Alcohol’ workshops to Police cadets</p>
	<p>To run alcohol awareness sessions during alcohol awareness week with DAAT</p>
	<p>To develop and run two lectures for Truro college on alcohol awareness and to provide a stand of information for two weeks.</p>
	<p>To provide screensavers with seasonal health message to NHS</p>
	<p>Attend meeting with Lynda Quee and Kate Pordage to discuss winner of alcohol awareness poster school</p>

	competition
	Distribute sexual health and alcohol leaflets to colleges, youth clubs and centres
	To start collecting mental health information related to alcohol and design leaflet.