

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q1)

PROJECT TITLE Lifestyle Behaviour Change – Brief Intervention Sally Hayes				
	Outcomes and behavioural goals planned	Outcomes and behavioural goals achieved	Variance	Action Plan to address any variance
April – June 11 (Q1)	Review work programme and set new objectives	Incorporated information from: <ul style="list-style-type: none"> • “Solution Focused Practice” Gareth Ford BHF National Centre • “Empowering Patients in 3 Mins; Break the behavioural Barrier” Jaques Bedard MD, CSPQ, FRCP 		
	Training Develop a new experiential training response that requires that the elearning module is passed as a pre-course requisite	Started work on trainee manual which will support core training and set Aims and Objectives		
	Deliver 3 core Healthy Lifestyle Brief intervention training sessions	Delivered 2 sessions Total 16 participants from mixed agencies	-1	
	Respond to requests for CQuins training	Delivered two sessions as now using elearning 20 total <ul style="list-style-type: none"> • Newquay Hospital = 5 community staff • Treliske = 12 Pre Assessment 		

	Elearning moodle course	Total of 2469 visits since started 813 passed assessment this quarter		
	Web pages Update and develop in response to new information/evidence	344 visits to first page Total of 1007 hits on 8 pages Up dated pages to reflect changes in training		
	Resources Identify /develop resources to support professionals delivering a healthy lifestyle brief intervention	Updated and reprinted leaflets to support training for the year		
Partners worked with this Q, incl HPS	<ul style="list-style-type: none"> • Weight Matters lead re resources that can be used as a tool for behaviour change • Alcohol lead re resources that can be used as a tool for behaviour change • Health Trainer Programme Co-ordinator Grimsby <p>“I have been given the task of industrialising brief interventions in North East Lincolnshire as part of the movements reflecting the Darzi report.. Could you offer any information or advice with this please with regards to what training you deliver locally and what have been the lessons learnt.”</p> <ul style="list-style-type: none"> • 17th July 2011 Rhona Denham Health Promotion Administration Block Falkirk Community Hospital FALKIRK “A small group of Health Promotion officers here have been developing an interactive training pack, similar to yours, and would like to ask if you would be willing to share some of your experience in your pack development?” • Met with Donna Chapman re future of Health Checks and training role on behaviour change input. 			
	Outcomes and behavioural goals planned			
	Develop a new training response that requires that the elearning module is passed as a pre-course requisite			
	Up date and develop web pages and links to accommodate information at Level 2			
July – Sept	Deliver 3 core Healthy Lifestyle Brief intervention training sessions			

11 (Q2)	Deliver training for Eefo as requested
	Respond to any requests for training from other NHS initiatives and other organisations
	Up date elearning training