

HEALTH PROMOTION SERVICE – QUARTERLY REPORT 2009-2010 (Q1)

PROJECT TITLE EATSOME						
	Activities planned	Targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
April – June 09 (Q1)	Children’s Centres	offer CCs support with healthy eating delivery/training (using CC audit)	Support offered. Sessions arranged	Email	0	
	Parent Led Cookery Club	carry out needs assessment/cooking course in targeted CC (s)	St Blazey cooking session- parent leader identified	Session notes	0	Follow up support after summer
	Cooking in Early Years	2 courses (20 beneficiaries)	2 courses delivered to 17 people plus 2 sessions delivered to 37 people	Database	-3	Increase numbers on courses
	Fit Food For Families	check FL delivering to target (75 beneficiaries)	58 beneficiaires	FFFF report	-17	Meeting planned for 4 th sept to discuss
	Weaning project	set up steering group. Run focus groups	Steering group linked with Drinc4Life	Notes	-1	Delay on focus groups. Redrafting project proposal
	Healthy Weight Cookery Club	Cooking with at least 40 people	23	Database	-27	Assess where progress can be made next Quarter
	General Cooking sessions	Cooking with at least 35 people	53	Database	+18	
	Care pathway for LD/MH cooking	Negotiate with CPT for pathway options	Discussions with OT – issues with capacity to deliver		-1	Delay til next quarter
	Healthy eating sessions	Healthy eating sessions for 35 people	203	Database	+168	
	Get Cooking courses	24 people on Get Cooking course	20	Database	-4	
	Get Cooking graduates	ongoing support/follow up of graduates	Telephone and email support.	Database	0	
Health champions	ensure HC co-ordinator knows oppportunities	ongoing		0		

	CHEFS award scheme	support steering group with new award scheme	Meetings attended – ongoing support	Notes	0	
	Big Lunch	work with partners to encourage participation with BL	Details sent to conference delegates and followed up	Emails	0	
	Grants	round 1 of grants (1000 beneficiaries)	1340 estimated	Database	+340	
	Website and promotion	Monitor website and update (625 hits)	2380	Website	+1755	
	UNPLANNED ACTIVITY DELIVERED		1880 beneficiaries through events	Database	+1880	

FORWARD PLAN

	Activities planned	Targets planned
July – Sept 09 (Q2)	<ul style="list-style-type: none"> • Parent Led Cookery Club 	<ul style="list-style-type: none"> • support parent led cookery club to manage themselves
	<ul style="list-style-type: none"> • Cooking in Early Years 	<ul style="list-style-type: none"> • 1 course
	<ul style="list-style-type: none"> • Fit Food For Families 	<ul style="list-style-type: none"> • check FL delivering to target (75 beneficiaries)
	<ul style="list-style-type: none"> • Early Years Nutrition Training 	<ul style="list-style-type: none"> • 1 course (15 beneficiaries)
	<ul style="list-style-type: none"> • Weaning project 	<ul style="list-style-type: none"> • Develop questionnaire and interview key supporters
	<ul style="list-style-type: none"> • Healthy Weight Cookery Club 	<ul style="list-style-type: none"> • Cooking with at least 40 people
	<ul style="list-style-type: none"> • General Cooking sessions 	<ul style="list-style-type: none"> • Cooking with at least 40 people
	<ul style="list-style-type: none"> • Healthy eating sessions 	<ul style="list-style-type: none"> • Healthy eating sessions for 35 people
	<ul style="list-style-type: none"> • Get Cooking courses 	<ul style="list-style-type: none"> • 24 people on Get Cooking course
	<ul style="list-style-type: none"> • Get Cooking graduates 	<ul style="list-style-type: none"> • ongoing support/follow up of graduates
	<ul style="list-style-type: none"> • CHEFS award scheme 	<ul style="list-style-type: none"> • support steering group with award scheme as regards nutrition
	<ul style="list-style-type: none"> • Big Lunch 	<ul style="list-style-type: none"> • support 5 Big Lunches (100 beneficiaries)
	<ul style="list-style-type: none"> • Website and promotion 	<ul style="list-style-type: none"> • Monitor website and update (625 hits)