

HEALTH PROMOTION SERVICE – QUARTERLY REPORT 2009-2010 (Q4)

PROJECT TITLE		EATSOME				
	Activities planned	Targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
Jan-Mar 10 (Q4)	Children's Centres	Annual monitoring of healthy eating delivery	Family Services are assessing delivery through the SEF process	email	0	
	Parent Led Cookery Club	Evaluate through focus group. Disseminate learning to Family Services	Focus group held with parents. Summary report to go into Eatsome Annual report and be flagged up with FS.	MK report		Report to be added to main report
	Cooking in Early Years	2 courses	1 course delivered at Bosvigo Children's Centre	Database	-1	
	Weaning project	Focus groups, recruit lead, design resources	58 people targeted through focus groups and questionnaires. Applications received for post. Interview on 4 th May. Resources pending meeting on 6 th May	Database	0	
	Healthy Weight Cookery Club	Cooking with at least 53 people	42 people on weight management cookery courses in St Austell, Falmouth, Connor Downs and Truro	Database	-9	
	General Cooking sessions	Cooking with at least 30 people	48 people: Camborne Share, Carclaze Infants School, Home Farm Trust, Parc Eglos School.	Database	+18	
	Healthy eating sessions	No target	5 people at Launceston Children's Centre and 8 people at the Balance group in Penzance.	Database	+13	
	Get Cooking courses	26 people on Get Cooking courses	10 participants	Database	-16	Plan for more delivery and promote course wider through networks
	Get Cooking graduates	ongoing support/follow up of graduates	Telephone follow ups completed.	Database	0	
	Health champions	ongoing support/follow up of HCs	Delivery of brief info to Health Champion's event, ongoing offer of support and opportunities.	Health Champion database	0	
	CHEFS award scheme	support steering group with award scheme as regards nutrition	Delivered accredited training to officers. Steering group meeting. Recruitment of lead for CHEFS for nippers and community meals mini projects.	Emails. Notes of meetings	0	
	Grants	Round 3 of grants	8 projects funded	Database	0	
	Website and promotion	Monitor website and update (625 hits)	3285 hits	Website	+2660	
	Annual conference	1 day conference to 80 people	Conference delivered to 120 people with great success.	Database	+40	
Annual evaluation report	Compile annual report	Report being developed – due to be completed end of April	Report	-1	Due to be completed by end of April	

PROGRAMMES WE SUPPORT AS FOLLOW ON TO TRAINING			
Fit Food For Families	Check Family Learning delivering to target (54 beneficiaries)	4 courses delivered (numbers not yet finalised)	FFFF report pending

UNPLANNED ACTIVITY DELIVERED			
	Healthier Foods Special Diets	1 course delivered to 20 people	Database +20