

## HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q1)

<b>PROJECT TITLE</b> Events & Campaigns Coordination					
	<b>Activities and targets planned</b>	<b>Activities delivered and targets achieved</b>	<b>Evidence list</b>	<b>Variance</b>	<b>Action Plan to address any variance</b>
<b>April – June 09 (Q1)</b>	1 Providing information, guidance proactively & reactively via interviews/presentations, newsletters, exhibitions and the media.	Provided information, guidance proactively & reactively via interviews/presentations, newsletters, exhibitions and the media. Respond positively to all requests for advice, information either in the form of 1-1 conversations, displays, presentations or media interviews.	Monitoring sheets: EG. Contenance Service re Exhibitions for pharmacies  Sun Safe – Advice given on Display and resources  Interview with a Research Student on the effectiveness of Promoting physical activity  Provide information and resources for workplace Stress Kit		
	2 Research and write newsletter articles to promote campaigns	Researched and wrote 2 newsletter articles for quarterly HPS	Articles published in HP Newsletter Carers Support		

	and key messages.	newsletters and other publications to promote campaigns and key messages.	Newsletter Older Peoples Forum newsheet		
	3a Research and obtain or prepare awareness raising materials & appropriate resources for use with a variety of agencies, communities and discreet population groups.	<p>Researched and prepared awareness raising displays &amp; appropriate resources for events during the period to suit the target audience.</p> <p>Deliver key messages or awareness raising sessions/workshops in each District Council Area to a variety of agencies, communities and discreet population groups and utilise these events to signpost/promote the HPS projects or community support, by either responding positively to all requests or proactively seeking them out.</p>	<p>7<sup>th</sup> &amp; 8<sup>th</sup> April – Restormel Senior Life Skills Events , St. Austell 150 contacts &amp; Newquay 250 contacts</p> <p>15<sup>th</sup> April – Client Involvement Day for Disadvantaged people – Bodmin 20 contacts</p> <p>16<sup>th</sup> May – Veor Surgery Open day 20 contacts - recruited for Wt. Control Classes.</p>	Unable to attend events for CYPF 16 <sup>th</sup> , 25 <sup>th</sup> and 29 <sup>th</sup> May – Too short notice	Advised – Contact earlier

	<p>3b Prepare and Deliver awareness raising sessions with appropriate resources to a variety of agencies, communities and discreet population groups.</p>	<p>Prepared and Delivered awareness raising sessions.</p>	<p>29<sup>th</sup> April – Bodmin Obesity Change Challenge training – 30 people</p> <p>14<sup>th</sup> May Change4 Life Challenge – Treloweth School – 64 Contacts</p> <p>20<sup>th</sup> May – Parkinson Sup. Group, Pensilva – Tension Tamers 15 attended</p> <p>27<sup>th</sup> May – Parkinson Sup Group, Tuckingmill – Tension Tamers 24 attended</p> <p>3<sup>rd</sup> June – Job Centre Plus – Taster Sessions re: Tension Tamers and Active4Life 14 attended</p> <p>9<sup>th</sup> June British Red</p>	<p>Unable to deliver training at Courtland Res. Home – Insufficient numbers of staff available –</p>	<p>Postponed till staffing levels improve.</p>
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	<p>4 Co-ordinate and/or attend Exhibitions or deliver Demonstration/Taster sessions with appropriate resources within Cornwall and Isles of Scilly.</p>	<p>Co-ordinated and/or attended Exhibitions and/or delivered Demonstration/Taster sessions with appropriate resources within the District Council Areas.</p>	<p>25<sup>th</sup> April – Trevithick Day – 100 contacts</p> <p>2<sup>nd</sup> May Green Fair- Wadebridge- 87 Contacts</p> <p>7<sup>th</sup> May – Tremough – Sun Awareness Questionnaires – data collection for Sun Safe project 150 Contacts</p> <p>11<sup>th</sup> May Dept. of</p>	<p>Unable to attend Dracaena Centre Open Day – Com Event – already engaged</p> <p>Unable to attend Parkinsons Dis. Soc. AGM 12 June – On Leave</p>	

			<p>Wk and Pensions – Health and Wellbeing – 250 staff</p> <p>3<sup>rd</sup> June Job Centre Plus Taster Day – 14 attended</p> <p>15<sup>th</sup> June Breatheasy – Mens Health Event at Wadebridge – 150 contacts</p> <p>21<sup>st</sup> June – Mid Summer Madness – Goss Moor – provided 200 resources.</p> <p>22<sup>nd</sup> June “Whats on your Mind” – Scilly – 82 contacts</p>	<p>Unable to attend events 23<sup>rd</sup>, 24<sup>th</sup> &amp; 25<sup>th</sup> June – Falls - Awareness</p> <p>Unable to attend CN4C Event 27<sup>th</sup> June – On Leave</p>	<p>Provided display materials and leaflets for 3 Falls Groups</p> <p>Provided exhibition materials and resources</p>
5	<p>Prepare for and attend major C&amp;IOS events, eg. Royal Cornwall Show &amp; Other similar locality events</p> <p>Partnership working at Road Shows, NHS or</p>	<p>Prepared for and attended major C&amp;IOS events</p> <p>Prepared for and had a presence in WWC Launch &amp; RCS</p>	<p>April 30<sup>th</sup> WWC Launch at Eden – 150 Contacts Plus made contact to deliver 2 training sessions later in the year</p>		

	community events		4 <sup>th</sup> , 5 <sup>th</sup> & 6 <sup>th</sup> June – RCS – 1500 contacts		
	6 Co-ordinate responses for Health Campaigns and events.	Prepared and attended a variety of community events.	See Above		
	7 Attend quarterly meetings concerning communication and community involvement.	No longer running			
	8 Prepare and deliver briefing sessions for all community events listed above.	Prepared and delivered briefing sessions for all community events listed above.	See Above		
	9 Deliver basic, practical courses and provided resources to assist “others” in promoting health and well being and facilitation of behaviour change for better health	Delivered basic, practical courses and provided resources to assist “others” in promoting health and well being and facilitation of behaviour change for better health	8 <sup>th</sup> May – Stonham Housing, St. Austell Stress and Relaxation – 20 people  See 3b above		

	10 Provide consultation to enable community workers or volunteers to facilitate safe and effective activities to improve and/or maintain health and well being.	Provided advice and resources consultation to enable community workers or volunteers to facilitate safe and effective activities to improve and/or maintain health and well being.	See Above  Provided ready made resources and helped with the prep. of tailor made activities on request.		