

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q2)

PROJECT Events and Campaigns Co-ordination					
	Activities and targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
July – Sept 2009 (Q2)	1. Research and write 2 newsletter articles to promote campaigns and key messages.	Researched and wrote 2 newsletter articles for quarterly HPS newsletters and other publications to promote campaigns and key messages.	Articles on File	0	
	2. Prepare and Deliver 6 awareness raising sessions with appropriate resources to a variety of agencies, communities and discreet population groups.	Prepared and Delivered 7 awareness raising sessions. Healthy Living workshop for 35 people with learning disabilities from Cornwall People First at Camborne Community Centre – 8.7.09 Physical Activity 4Life workshop for 18 residents and independent living people from Stonham – 9.7.09	Monitoring and Evaluation sheets	+1	

		<p>Active4Life Training delivered to 8 participants at HPS – 6.8.09</p> <p>Functional Movement/Active4Life/Falls Prev. training delivered to 10 participants at Reddanick Care Home, Truro 12.8.09</p> <p>Tension Tamers Training for 10 Vounteers at The Hub Carn Brea – 14.8.09</p> <p>Workplace Stress Management training at Penryn Job Centre Plus, 30 people attended – 26.8.09</p> <p>Chair based Ex Dem at Penamayne Court, St. Ives 12 residents – 30.09.09</p>			
	3. Co-ordinate and/or attend 8 Exhibitions or deliver Demonstration/Taster sessions with appropriate	Co-ordinated and/or attended 7 Exhibitions and/or delivered Demonstration/Taster sessions with appropriate resources within the District	Monitoring and Evaluation sheets	-1	

	resources within Cornwall and Isles of Scilly.	<p>Council Areas.</p> <p>Stithians Show– 13.07.09 – 900 Men’s Health Manuals distributed</p> <p>RNAS Culdrose Air Day - 29,07.09 -200 Men’s Health Manuals, 250 Men’s Health Matters, 200 How to Choose Health & 250 Top Tips for Kids Leaflets distributed</p> <p>Bi Centenary of Railway at Porthreath – 1. 08.09 – 150 Leaflets distributed</p> <p>Gay Pride Event - 8.8.09 – 200 Leaflets distributed</p> <p>Smoke Free Homes – Leskudjack Children’s Centre Penzance – 27.08.09 - Distributed 87 Active4Life leaflets and engaged approx. 30 young Mum’s and children with the Smoothie Bike</p>			
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		<p>Money Matters Open Day at St. Johns Hall, Penzance – 28.8.09 Distributed 127 HtCH leaflets and recruited for 2 Older People's seated ex. Training sessions</p> <p>Mineral Tramways celebration at Elm Farm, Cambrose – 26.09.09 Engaged with 87 people</p>			
	<p>4. Provide information, guidance proactively & reactively via interviews/presentation, newsletters, exhibitions and the media.</p>	<p>Stonham how to link with LEAP and/or ex. Providers for supported activity for clients</p> <p>Local GP prac – Advice given on Display and resources</p> <p>Interview with a work experience student and Students visiting the library on the Promoting health 4Life</p>	<p>Monitoring and Evaluation sheets</p>	<p>0</p>	

		Provide information and resources for workplaces Spoke to Radio interviewers at RCS, RNAS Culdrose & Stithians Show			
	Activities planned		Targets planned		
Oct – Dec 2009 (Q3)	<ol style="list-style-type: none"> 1. Research and write newsletter articles to promote campaigns and key messages. 2. Prepare and Deliver awareness raising sessions with appropriate resources to a variety of agencies, communities and discreet population groups. 3. Co-ordinate and/or attend Exhibitions or deliver Demonstration/Taster sessions with appropriate resources within Cornwall and Isles of Scilly. 4. Provide information, guidance proactively & reactively via interviews/presentation, newsletters, exhibitions and the media. 		<ol style="list-style-type: none"> 1. Research and write 2 newsletter articles 2. Prepare and Deliver 6 awareness raising sessions 3. Co-ordinate and/or attend 8 Exhibitions or deliver Demonstration/Taster sessions. 4. Provide information, guidance 		