

## HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q3)

<b>PROJECT TITLE:</b> Events and Campaigns Co-ordination					
	<b>Activities and targets planned</b>	<b>Activities delivered and targets achieved</b>	<b>Evidence list</b>	<b>Variance</b>	<b>Action Plan to address any variance</b>
<b>Oct – Dec 2009 (Q3)</b>	Research and write newsletter articles to promote campaigns and key messages.	Researched and wrote 2 newsletter articles for quarterly HPS newsletters and other publications to promote campaigns and key messages.	Articles on File	0	
	Prepare and Deliver 8 awareness raising sessions with appropriate resources to a variety of agencies, communities and discreet population groups.	<p>Prepared and Delivered 8 Sessions: Tension Tamers session for Job Centre Plus Managers N &amp; Mid Cwll – 30 – 27 Oct</p> <p>Tension Tamers session for Job Centre Plus Managers W Cwll - 27 – 13 Nov</p> <p>Exercise for Healthy Aging – Blind &amp; Visually Impaired Monday Club – Pool- 15 plus helpers – 16 Nov</p> <p>Exercise for Healthy Aging – Blind &amp; Visually Impaired Wed. Club – Pool- 17 plus helpers – 18 Nov.</p>	Monitoring and Evaluation sheets		

		<p>Train 6 Volunteers of the Bangladeshi Ladies Group – Active4Life – 19 Nov, 26 Nov</p> <p>Animate the Inactive Training – 18 people from Volunteer Cornwall – 10 Dec.</p> <p>Animate the Inactive Training for 8 Staff of Stonham Housing – 15 Dec</p> <p>Tension Taming Training for Staff at Penzance Job Centre Plus – 52 people attended – 16 Dec</p>			
	<p>Co-ordinate and/or attend 9 Exhibitions or deliver Demonstration/Taster sessions with appropriate resources within Cornwall and Isles of Scilly.</p>	<p>Co-ordinate and/or attend 8 Exhibitions or deliver Demonstration/Taster sessions.</p> <p>Prepared and Delivered 8 awareness raising sessions.</p> <p>Good Mental Health and Well being Event Mevagissey – 80 people attended 1 Oct</p> <p>Testicular Cancer Exhibition Match, Wadebridge – 1500 attended 4.10</p> <p>Celebrating Age and Ambition, Kingsley Village - Engaged with approx. 200 people 8 Oct</p>	<p>Monitoring and Evaluation sheets</p>		

		<p>Put Your Training on the Map, Shire House Suite, Bodmin – 87 attended 9.10</p> <p>Isles of Scilly Health Fayre – 40 visitors 19 Oct</p> <p>Fire Brigade Keep Safe &amp; Well Awareness, Truro – 110 people – 23 Oct</p> <p>FXU Student Health and Wellness Day - Tremough Campus - 312 students and 7 staff visited 5 Nov</p> <p>Skills Cornwall, Carn Brea – 3000 pupils/students plus accompanying adults – 11 &amp; 12 Nov</p>			
	<p>Provide information, guidance proactively &amp; reactively via interviews/presentation, newsletters, exhibitions and the media.</p>	<p>Discussed and provided advice and info to SS team re Tension Tamers for quitters.</p> <p>Discussed and provided info to Health Trainer working with Ethnic group re exercise and relaxation</p> <p>Discussed and agreed to deliver Chair Ex. training to community group of older people in Bude</p>			

	<b>Activities planned</b>	<b>Targets planned</b>
<b>Jan – Mar 2010 (Q4)</b>	<ol style="list-style-type: none"> <li>1 Research and write newsletter articles to promote campaigns and key messages.</li> <li>2 Prepare and Deliver awareness raising sessions with appropriate resources to a variety of agencies, communities and discreet population groups.</li> <li>3 Co-ordinate and/or attend Exhibitions or deliver Demonstration/Taster sessions with appropriate resources within Cornwall and Isles of Scilly.</li> <li>4 Provide information, guidance proactively &amp; reactively via interviews/presentation, newsletters, exhibitions and the media.</li> </ol>	<ol style="list-style-type: none"> <li>1. Research and write 2 newsletter articles</li> <li>2. Prepare and Deliver 6 awareness raising sessions</li> <li>3. Co-ordinate and/or attend 8 Exhibitions or deliver Demonstration/Taster sessions.</li> <li>4. Provide information, guidance</li> </ol>