

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q4)

PROJECT TITLE: Events and Campaigns Co-ordination					
	Activities and targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
Jan – Mar 2010 (Q4)	Research and write newsletter articles to promote campaigns and key messages.	Researched and wrote 2 newsletter articles for quarterly HPS newsletters and other publications to promote campaigns and key messages.	Articles on File	0	
	Prepare and Deliver 8 awareness raising sessions with appropriate resources to a variety of agencies, communities and discreet population groups.	<p>Prepared and Delivered 8 Sessions:</p> <p>Peer Led Physical Activity training for the “Colourful women’s groups – Truro and Helston” 3 days training - Feb</p> <p>Animate the Inactive Training – 18 people from people working with the elderly and LD.</p> <p>Tension Taming Training for Staff at Newquay Job Centre Plus – 52 people attended</p> <p>Delivered Activity and Functional</p>	Monitoring and Evaluation sheets	2	

		<p>Movement Training for 12 Volunteers in Bude – 23 Feb</p> <p>Prepared a special training course of Tension Taming Techniques for Quitter for the SS Advisers 4 March</p> <p>Delivered an Animate the Inactive Session for 15 Elderly – Moresk Truro</p>			
	<p>Co-ordinate and/or attend 9 Exhibitions or deliver Demonstration/Taster sessions with appropriate resources within Cornwall and Isles of Scilly.</p>	<p>Prepared and Delivered Exhibition and awareness raising sessions.</p> <p>Cornwall County Council – 6 Venues County Wide Throughout Feb. Average of 30 people attended each session</p> <p>Exhibition and input to the Launch of the Workplace Awards at RC Show Ground 24 Feb – 120</p> <p>Prepared and Delivered Exhibition for Health and Wellbeing Day Troon</p> <p>Exhibition and input to the Health Champs Celebration Event – 19 Mar</p>	<p>Monitoring and Evaluation sheets</p>	0	

	Provide information, guidance proactively & reactively via interviews/presentation, newsletters, exhibitions and the media.	Discussed and provided advice for the Stroke Nurse Advisor			
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