

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q1)

PROJECT TITLE: Health Champions				
	Outcomes and behavioural goals planned	Outcomes and behavioural goals achieved	Variance	Action Plan to address any variance
April – June 11 (Q1)	Hold 1 Health Champion steering group meeting with 2 organisations present and 2 Health Champions.	Two Health Champion Steering group meetings were held in this quarter due to the Co-ordinator going on maternity leave. Three agencies were involved (HP, VC and PDCT), we also had two Health Champions involved.	0	
	Contact all 86 Health Champions on the database, cleanse and adjust accordingly.	A covering letter and data questionnaire was sent out to all Health Champions on the database in order to update any information and keep all details up-to-date.	0	
	To liaise with all Health Promotion Projects 3 monthly to enable a future programme of events for better planning and Health Champion assistance.	The Health Champion project is currently finalising its work and development plan which is to include the quarterly meetings with projects, to produce a calendar of events. Also the Health Champion role descriptions have been updated with project approval.	0	
	Work with Volunteer Cornwall and Health	I have been able to email across any	0	

	Promotion projects to maintain the number of Health Champions at 80.	sessions that have been available from the project to Volunteer Cornwall offices all over Cornwall. This has helped with advertising the sessions and led also to new volunteers wanting to sign up as Health Champions.		
	Attend 1 appropriate steering group meeting and organised events.	Health Champion Co-ordinator attended both HC steering group meetings, and also the Workplace Health meeting. Attended the Health Champion annual event and was able to advertise Health Champions through Truro College Access course.	+1	
	Increase the amount of opportunities open to volunteers by 2.	Workplace health has used two Health Champions this quarter for differing roles. Support at events and talking about how Workplace health has positively effected them. Also Cornwall Beach games used a Health Champion as photographer to help document the day.	0	
	Approve the Health Champion handbook through the steering group and get out to all existing Health Champions and new volunteers.	The Health Champion Handbook has been approved through the steering group and is now used in the sign-up packs as replacement to the Guidance Notes.	0	
	To support Volunteers in their goals, with 5	1 Health Champion has gone back	0	

	<p>seeking further training and a further 2 back into employment.</p>	<p>into employment. Mandatory training has been completed by several Health Champions that are either new to the scheme or refresher training. One Health Champion is completing the City and Guilds Health Trainer certificate with Truro College, alongside our HT service. Two Health Champions have accessed the Mental Health Awareness and Understanding training. Three have attended Brief Intervention training. Two more have completed the Eatsome Get Cooking training.</p>		
	<p>Ensure 1 section in the HP Newsletter was created dedicated to the work of our Health Champions.</p>	<p>No Health Champion section has been put into the HP Newsletter this quarter. However two case-studies and project studies have been created to complete the Truro College Project Management Success course.</p>	<p>-1</p>	
	<p>Help Health Promotion projects to increase their capacity through having volunteer assistance.</p>	<p>Eatsome have had a Health Champion assisting with their administration. The Health Trainer and Community Health Development team have had assistance from two more Health Champions within the office setting.</p>	<p>0</p>	

	Review the Health Champion leaflet through the steering group and agree changes.	The leaflet has been reviewed through the Steering Group and changes have been agreed. A new leaflet has gone to be printed.	0	
	Update the Health Champion section on the Health Promotion website.	The Health Champion section on the website has been updated and changed.	0	
	To continue contact with all volunteers.			
	To continue the work with Work Placements / Experience	We have signed off 3 students and one of those work placements has now signed up as a Health Champion. Two more students are due to attend work experience with us in July.	0	
	Outcomes and behavioural goals planned			
July – Sept 11 (Q2)	Hold 1 Health Champion steering group meeting with 2 organisations present and 2 Health Champions.			
	To liaise with all Health Promotion Projects 3 monthly to enable a future programme of events for better planning and Health Champion assistance.			
	Work with Volunteer Cornwall and Health Promotion projects to maintain the number of Health Champions at 80.			
	To support Volunteers in their goals, with 5 seeking further training and a further 2 back into employment.			
	Increase the amount of opportunities open to volunteers by 2.			
	Ensure 1 section in the Newsletter was created dedicated to the work of our Health Champions.			
	To continue to build on existing partnerships through the volunteer scheme and create new partnerships.			
	Attend 1 appropriate steering group meeting and organised events.			
	To continue the work with Work Placements / Experience			
	To continue contact with all volunteers.			
Help Health Promotion projects to increase their capacity through having volunteer assistance.				

	Hold 1 Health Champion steering group meeting with 2 organisations present and 2 Health Champions.