

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q3)

PROJECT TITLE: Health Champions					
	Activities and targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
Oct – Dec 2009 (Q3)	Recruit 3 health champions to actively support work in at least 5 areas of health promotion.	<p>4 New Health Champions were recruited.</p> <p>8 Areas of Health Promotion have been actively supported by 30 Health Champions including:</p> <p>10 Health Champions supported 2 outer agency events, in conjunction with LEAP and Mobilise. Age and Ambition at Fraddon and the Mineral Trails Cycle launch at Portreath.</p> <p>2 Health Champions have supported the Weight Matters team. Two, 8 week sessions were delivered in Probus and Falmouth areas.</p> <p>10 Health Champions took up</p>	<p>“P” files.</p> <p>Emails.</p> <p>Database.</p> <p>Diary.</p>	<p>+ 1 Health Champion recruited</p> <p>+3 areas of health promotion supported</p>	

		<p>the opportunity of training from the Health Promotion training programme & externally. 2 Health Champions are working with the Community Health Development team.</p> <p>1 Health Champion has been assisting with the Speakeasy Development Worker, mostly in the St Austell area.</p> <p>1 Health Champion has helped in the evaluation of We Can Keep Active for Mental Health Promotion. Phone evaluations took place with all participants that got involved with We Can Keep Active.</p> <p>5 Young Health Champions were involved in designing the new EEFO poster.</p> <p>1 Health Champion has assisted in the delivery of a 4 week cooking session with parents, at the Helston Children's Centre</p>			
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	Set up a reward scheme for Volunteer's good work.	An award scheme has been created where volunteers will gain certificates when they have completed a certain number of interactions with projects.	Certificates. "P" files. Newsletters.	0	
	Hold at least 1 Health Champion Steering group meeting, involving 4 Health Champions and 3 different agencies.	1 Steering group meeting was held with 6 Health Champions and 3 different agencies attending.	Diary sheets. Minutes. Emails. Database	+2	
	Finalise the Volunteer Policy, involving health champions and other members of the steering group.	This policy was approved and finalised at the Health Champion Steering group meeting.	Minutes. Old and new policy.	0	
	Finalise the new EEFO poster by liaising with the 3 young volunteers and any last changes to be made.	Final poster has been decided on with input from all volunteers involved.	Posters. Emails.	0	
	Produce questionnaire for reviewing the first year of the Health Champion Scheme, to go out to both volunteers and partnering projects.	Questionnaire was produced and sent out to both parties. We kept the returned questionnaires.	Both questionnaires and all completed and returned ones.	0	

	Attend 2 publicity events to get the Health Champion scheme known.	Attended 2 day event at Carne Brea Skills Exhibition, also the Cornwall Celebrates volunteering event.	Diary sheets. Other colleagues that attended also.	0	
	Head up the “Health Volunteer Award” for the first Cornwall Celebrates Volunteering Awards ceremony put on by Volunteer Cornwall.	Attended all meetings and nominations relating to these awards.	Diary sheets. Nomination sheets. Newsletters. Emails.	0	
	Attend Volunteer Cornwall’s celebration event for Volunteers.	Attended the event where two of our own Health Champions came away with 3 awards.	Photo’s. Newsletters. Diary sheets. Emails.	+3	
	Continue to work with work experience / placement individuals.	We have had 3 ongoing work experience / placement individuals with varying projects.	Emails. Timetables for the individuals. Projects.	+3	
	Ensure that there is 1 piece of media produced on the Health Champions.	Health Champions had 1 article in the Health Promotion News letter.	Newsletter. Original piece written.	0	
	Attend 2 network meetings, to gain knowledge of other agencies and to make Health Champions and Health Promotion known	Attended a day put on for Volunteering offices at Saltash Guildhall. Attended my 1 st vocational rehab meeting, where you can network with other agencies. Attended the	Minutes. Handouts. Diary sheets. Database.	+1	

	to outer agencies.	Celebrating Age & Ambition event.			
	Activities planned		Targets planned		
Jan – Mar 2010 (Q4)	<ul style="list-style-type: none"> • Get the Health Champion Scheme Reward Scheme launched and used by the volunteers. • Represent the Health Champion scheme at publicity events • Produce a report on the first year of the Health Champion scheme, having had the co-ordinator role in place. • Get all old and new Partnership Agreements signed for by the projects for the new financial year. • Continue to work with work experience / placement individuals. • Continue to send out the Health Champion birthday cards. • Look at all Health Champion role descriptions and adjust and finalise if necessary. • To increase the amount of training taken up by Health Champions. • To hold a celebration event for all of our active volunteers throughout the year as a thank you and so 		<ul style="list-style-type: none"> • Attend 1 publicity event for getting the Health Champion name known. • Increase the amount of training available to all Health Champions through Health Promotion, Volunteer Cornwall and Truro College. • Attend 1 Workplace Health meeting and implement to Health Champion Scheme. • Tap into the new Health Promotion Service induction process and apply to all new signing up Health Champions and work experience individuals. • To ensure that there are 2 pieces of media covering the work and success of Health Champions. • Sign up all new partnership agreements for the projects with 1 extra project for the Health Champions to support. 		

	<p>they can see what they have helped Health Promotion achieve.</p> <ul style="list-style-type: none"> • Hold a Health Champion Steering group meeting, getting the volunteers and differing agencies involved. • Have a day with Volunteer Cornwall to see how they operate and gain a better understand of what they do and also who does what. • Continue Supervision sessions with active health champions. 	<ul style="list-style-type: none"> • Liaise with 10 project leads to create a programme of events, which will enable future planning, so that Health Champions can assist with these projects. • Continue contact with all 63 Health Champions whether active or non-active. • Recruit 3 health champions to actively support work in at least 5 areas of health promotion.
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