

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q3)

PROJECT Health Trainer					
	Activities and targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
Oct – Dec 2009 (Q3)	To work with 70 people who live in disadvantaged areas on a 1:1 basis.	New NHS clients 41. Total clients supported 106.	National DCRS	+36	
	Continue to support walks in the local area and increase physical activity Walking Groups x 10				
	Clay Area 3	St Stephens, Penwithick, St Dennis	Walk Register	0	
	Liskeard 2	Tamar Valley, Liskeard	Walk Register	0	
	Bude 1	Bude Amblers	Walk Register	0	
	Saltash 1	Saltash Walk	Walk Register	0	
	Torpoint 0			0	
	Redruth North 0			0	
	Newquay 3	Wednesday, Thursday , Friday	Walk Register	0	
	Woolley Hat Walk	Wadebridge	Walk Register	+1	
Swimming Groups x 3					
St Austell 1	0			-1	Not currently running
Newquay 1	Waterworld Headland	Visual attendance/Hotel register		+1	
Liskeard 1	Lux Park (Friday)	Visual Attendance		0	
Torpoint 0				0	

<p>Continue to support local groups available in local settings</p> <p>Shape Up x 4</p> <p>Newquay 1</p> <p>Bude 0</p> <p>Saltash 1</p> <p>Clay Area 1</p> <p>Lop Sided Football Tournament</p> <p>Carry on Cooking</p>	St Thomas Road	Application & Evaluation	0	
	St Germans	Application & Evaluation	0	
	Foxhole & St Blazey		+1	
	Liskeard	Won 1 st Prize	+1	
	Bude	Attendance – self sufficient group	+1	
<p>Support local groups to develop and grow</p> <p>Skills Sharing x 2</p> <p>Dads Group x 1</p> <p>Bude</p> <p>Newquay</p> <p>Liskeard</p>	<p>Womens' Group</p> <p>Allsorts Group</p> <p>Dad's Group</p>	<p>Register</p> <p>Attendance</p> <p>Register</p>	<p>0</p> <p>0</p> <p>0</p>	
<p>Maintain good working relationships with partners to promote health</p> <p>Continue with drop ins:</p> <p>Senior Citizens Forums</p> <p>Diabetic Support Group</p> <p>Family Services</p> <p>Open Door Project</p> <p>Hendra Park</p> <p>Stonham</p>	<p>Liskeard</p> <p>Liskeard</p> <p>Torpoint</p> <p>St Cleer</p> <p>Liskeard</p>	<p>Attendance</p> <p>Attendance</p> <p>Register</p> <p>Attendance</p> <p>Register</p>	<p>0</p> <p>0</p> <p>0</p> <p>0</p> <p>0</p>	

	Continue to support local events, Fun Days and Fetes 3	Well Women – Bude Singing Across the Ages – Newquay Fund Raising St Stephen (£300)	Register Media Report/Photos Register/Media	0
	Deliver Workshops to 20 Participants: Workshops all areas	Torpoint 25 people	Evaluation	0
Jan – Mar 2010 (Q4)	Proposed Activities		Proposed Targets	
	To work with people who live in disadvantaged areas on a 1:1 basis.		70	
	Continue to support walks in the local area and increase physical activity Walking Groups x 10		Clay Area 3 Liskeard 2 Bude 1 Saltash 1 Torpoint 1 Redruth North 1 Newquay 3	
	Swimming Groups x 3		St Austell 1 Newquay 1 Liskeard 1 Saltash 1	
	Continue to support local groups available in local settings Shape Up x 4		Redruth 1 Bude 1 Liskeard 1 Clay Area 1	
	Support local groups to develop and grow Skills Sharing x 2 Dads Group x 1 Time for Tea Dance		Bude Newquay Liskeard Redruth	

	<p>Maintain good working relationships with partners to promote health</p> <p>Deliver Salsa For Life:</p> <p>Arts for Health for Older People:</p> <p>Continue with drop ins</p>	<p>Continue to support local events, Fun Days and Fetes X 3</p> <p>Redruth</p> <p>Clay Area</p> <p>Newquay</p> <p>Newquay</p> <p>Bude</p> <p>Saltash</p> <p>Bude</p> <p>Senior Citizens Forums</p> <p>Diabetic Support Group</p> <p>Family Services</p> <p>Open Door Project</p> <p>Hendra Park & Stonham</p>
	<p>Deliver Workshops to 20 participants</p>	<p>Workshops all areas</p>