

## HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q1)

<b>PROJECT TITLE: Healthy gay Cornwall</b>				
	<b>Outcomes and behavioural goals planned</b>	<b>Outcomes and behavioural goals achieved</b>	<b>Variance</b>	<b>Action Plan to address any variance</b>
<b>April – June 11 (Q1)</b>	<ul style="list-style-type: none"> <li>Condom Distribution service – 2500 Q1 (To provide free condoms and lube, by post and to gay venues)</li> </ul>	1536 condoms/lube – monthly mailout 1008 condoms/lube – website requests 260 condoms/lube - events	+804	
	<ul style="list-style-type: none"> <li>Social/Support events – 3 Q1 (Group engagement sessions with men that have sex with men (MSM) in social environments, reducing isolation, social opportunities and intervention opportunities)</li> </ul>	3 events @ The Brea Inn, Brea – total of 67 men attended. Various topics discussed including HIV transmission and testing, Anal cancers, Crones disease, possible STI infection, Hate-Crime, Safer drinking & how to meet partners safely online		
	<ul style="list-style-type: none"> <li>Face to face sessions - 3 Q1 (One to One (one hour) motivational change/advice, information &amp; guidance sessions with MSM)</li> </ul>	2 face to face sessions	-1	Re-advertise on website
	<ul style="list-style-type: none"> <li>Workshop/Training sessions (community) – 2 Q1 (one day training facilitation – motivational</li> </ul>	Residential Weekend – x4, 2 hour sessions with 12 men total. <ul style="list-style-type: none"> <li>Basic CBT coping strategies</li> </ul>		

	change for MSM)	<ul style="list-style-type: none"> <li>• Healthy Eating (fac. By Eatsome)</li> <li>• Safer Sex/Infection treasure hunt (!)</li> <li>• Staying safe online</li> </ul>		
	<ul style="list-style-type: none"> <li>• Service presentation to professionals - 2 Q1 (One or half day training facilitation around HIV/LGBT health)</li> </ul>	Outlook – Suicide Prevention conference – 150 people Victim Support – 4 people		
	<ul style="list-style-type: none"> <li>• Safer Cruising – 6 Q1 (Outreach sessions in areas where men meet for sex with other men, offering information and advice around safer sex, crime reduction and personal safety)</li> </ul>	Not undertaken as yet due to sessional worker leaving.		Work undertaken in Q2
	<ul style="list-style-type: none"> <li>• <a href="http://www.healthygaycornwall.org.uk">www.healthygaycornwall.org.uk</a> – 1500 visitors Q1 (Project website: Safer sex, community &amp; event information, ordering of condoms etc)</li> </ul>	1736 unique visitors	+236	
	<ul style="list-style-type: none"> <li>• Printed resources – 500 distributed Q1 (distribution of appropriate information resources, ensuring men know about risk reduction, service access, where to get support etc)</li> </ul>	120 HGC service guide leaflets 300 YAY! leaflets 200 FS Mags 500 testicular cancer leaflets 200 LGBT awareness Cornwall leaflets 100 Mens Social leaflets 50 LGBT health leaflets	+970	

	<ul style="list-style-type: none"> <li>• Event Outreach – 1 Q1 (LGBT and wider community events where project has a presence to encourage one to one engagement with service)</li> </ul>	LGBT Awareness event – Lemon Quay, Truro – 30 new contacts made, around 100 attended (multi agency)		
	<ul style="list-style-type: none"> <li>• Rainbow Source radio show – 9 Q1 (Weekly LGBT community radio show, to reduce isolation, information giving, community engagement and capacity building, wider audience engagement regarding reducing homophobia)</li> </ul>	10 shows – covering local HIV infection rates, promoting local events, tips on how to keep good mental well-being,	+1	
	<ul style="list-style-type: none"> <li>• Community Testing sessions – 4 Q1 (partnership with Hub sexual health staff to educate and encourage HIV)</li> </ul>	4 meetings – launching at Pride event in August 2011		
	<ul style="list-style-type: none"> <li>•</li> </ul>			
<b>Partners worked with this Q, incl HPS</b>	Eatsome, Brook, Devon & Cornwall Police, Intercom Trust, Eddystone Trust, Outlook South-West, RCHT Sexual Health, CIO SPCT, The Source FM, KPS, GMFA, Cornwall College			
<b>Additional work</b>	<ul style="list-style-type: none"> <li>• <b>Residential weekend – 15/15/17<sup>th</sup> April – 10 men, covering wide range of issues inc. healthy eating, positive mental well being, using the internet safely, safer sex and HIV disclosure etc. Individual conversations included issues around isolation, unsafe sex, sexual identity and disability.</b></li> <li>• <b>Sexual Health session for patients at Longreach House – 6 attendees, general sexual health</b></li> <li>• <b>“The Guide” – young peoples sexual health info booklet – re-proof and re-writes</b></li> <li>• <b>Mens Health Week – 2 days Royal Cornwall Show and 2 days at Cornwall College – Testicular Cancer awareness for young men aged 14-35 - total of approx 300 men given information.</b></li> <li>• <b>HIV awareness session – 15 people 12/06 – Sterts Theatre Group, nr Liskeard</b></li> <li>• <b>SARC Launch event – Eden Project 23/06 – Planning team, event had 120 attendees.</b></li> <li>• <b>Brook Bitesize – Penryn School 27/06 – “work it out” sexual orientation zone facilitation, 120 young people</b></li> </ul>			

	<b>Outcomes and behavioural goals planned</b>
<b>July – Sept 11 (Q2)</b>	<ul style="list-style-type: none"> <li>• Condom Distribution service – 4500 Q2</li> <li>• Social/Support events – 3 Q2</li> <li>• Face to face sessions - 3 Q2</li> <li>• Service presentation to professionals - 2 Q2</li> <li>• Safer Cruising – 8 Q2</li> <li>• <a href="http://www.healthygaycornwall.org.uk">www.healthygaycornwall.org.uk</a> – 1500 visitors Q2</li> <li>• Printed resources – 2000 distributed Q2</li> <li>• Event Outreach – 1 Q2</li> <li>• Rainbow Source radio show – 9 Q2</li> <li>• Community Testing sessions – 4 Q2</li> </ul>