

QUARTERLY REPORT Q1

| TITLE of PROJECT: Cornwall Healthy Schools | | | | | | | | | |
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| | | | | | Proposed PROJECT OUTCOMES and BEHAVIOURAL GOALS | | | | |
| Q1 Planned | | | | | | | | | |
| | Programme transition | FIT | Pedometer Challenge | Drugs | EHWB | HS Plus Pilot | HS Plus mainstream | Heartstart | SHEU |
| April – June 2010 (Q1) | Transition plan in place and Annual Audit tool goes live on CHS website 25 schools registered and active | 3 new schools | All FIT families engaged Pedometer challenge launched during WTSW with FIT website | 30 schools receive training and resource | 2 schools piloting new material and resources | 25 schools receive recognition | 10 schools engaged | Post holder into post Scoping activity complete Visits to existing schools x 2 Recruitment x 6 schools | 25 schools re survey 10 new schools survey |
| Q1 achieved | | | | | | | | | |
| | ACHIEVED Transition plan active 31 schools signed up website held until September 1 st (with some schools testing over summer) | ACHIEVED 3 courses successful completed | ACHIEVED AND EXCEEDED 200 plus people signed up to website several schools beyond FIT using it (all without active promotion) | DEFERRED TO AUTUMN 2011 <i>workload</i> | ACHIEVED AND EXCEEDED +5 7 schools piloting materials, secondary version now in prep. Enquiries from outside county received (ReSET) Website | ACHIEVED AND EXCEEDED +2 27 schools awarded HS Plus recognition | ACHIEVED AND EXCEEDED +21 31 schools engaged | ACHIEVED AND EXCEEDED +4 10 schools recruited 2 training events held scoping complete community contacts made TS status achieved by | ACHIEVED SHEU survey on-going Additional questions added New version prepared for 2011 |

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| | | | | | supporting project now live | | | coordinator | |
| PARTNERSHIPS | | | | | Schools Weight matters team Cornwall Partnership NHS Foundation Trust Cornwall Council – anti-bullying partnership Cornwall Council School Travel Plan Team | | | | |
| OTHER WORK | | | | | Requested by Cornwall Partnership NHS Foundation Trust to write, pilot and deliver Tackling Mental Health Stigma resource during 2011 / 2012 C4L in partnership with School Travel Plan team during WTSW Ad hoc projects in specific schools such as EHWB days, lunchbox workshops, Antibullying work, staff meetings etc., Discussion with HS teams regionally / nationally about selling our tools and resources Applying for and receiving Olympic Inspire Mark award Applying for and receiving National Lottery Funding for FIT | | | | |
| APR – JUN | | | | | | | | | |
| Q2 planned | | | | | | | | | |
| July – September 2010 (Q2) | 25 schools registered and active | 3 new schools support pack launched | All FIT families engaged <i>Weight matters courses?</i> | 30 schools receive training and resource | 4 schools piloting new material and resources ReSET website set up | Pilot closed remaining c. 70 schools receive recognition | 10 schools engaged | Training for schools / teachers | 15 schools re survey 10 new schools survey |
| Additional work | <i>'Tackling Stigma'</i> resource piloting with secondary schools. FIT extension included facilitator training programme (via Lottery funding) Other as approp. | | | | | | | | |