

Newsletter Date: April 2010

In This Issue

Welcome from the Inter-Link Cornwall Team
LINK in Cornwall how to become involved
Training dates for the diary!
Event dates for the diary! News
Convergence

[Inter-Link Database](#)

Log onto the Inter-Link Cornwall database. A tool to search for other members, update your details and much more

[LINK in Cornwall](#)

Find out how you can have the opportunity to say what you think about your local

Welcome

To the April edition of Inter-Link E-News. If you would like any information included in future E-Newsletters please email adam@pcdt.org.uk or alternatively contact your local Inter-Link Officer.

Deadlines for articles to be included in the Inter-Link Cornwall E-News, along with distribution dates and a template to use can be found at <http://www.cornwallinterlink.org.uk/mags.htm>

Inter-Link Cornwall Team

CALLING ALL COMMUNITY GROUPS AND VOLUNTARY ORGANISATIONS

Is your group involved in Health and Social Care in Cornwall? Talk to LINK in Cornwall...

Drop-In Event - LINK in Cornwall are coming to Saltash

Wednesday 21st April 2010 11:00am - 1:00pm at The Guildhall, 12 Lower Fore Street, Saltash. PL12 6JX

Tell LINK (Local Involvement Network) in Cornwall what you think is and isn't working well in health and social care.

Learn what other people in Cornwall think and explore what LINK in Cornwall can be doing to make change happen.

Talk to the Patient Advice and Liaison Service (PALS) teams.

health and social care services

Convergence Cornwall

Follow this link to find out more about Convergence in Cornwall

One Cornwall: Community Networks

Find out more about One Cornwall and Community Networks by following this link

Local Area Agreements

A Local Area Agreement (LAA) is a three year agreement that sets out the priorities for a local area. It is outcome based and enables local authorities and their partners to deliver national outcomes in a way that reflects local priorities as identified in local strategies.

Contact Us

<http://www.cornwallinterlink.org.uk>
info@cornwallinterlink.org.uk

Please contact us for further information ? see details below.

What is LINK in Cornwall and why get involved?

We need your help to get the word out there about LINK in Cornwall. Your contribution and involvement is very important. As we build up a picture about what people are saying needs to improve in health and social care services, we need to ensure that this picture includes perspectives from all individuals, community groups and voluntary organisations in Cornwall.

The job of a LINK is to:

Give everyone the opportunity to say what they think about their local health and social care services ? what?s working well and what?s not

Give people the chance to check how services are planned and run

Feedback what people have said about services so that things can change for the better

LINK is independent from the local authority and the NHS and is here to represent people and organisations in Cornwall. LINK has a statutory right to be listened to. This helps to strengthen the voices of individuals and the voluntary and community sector.

What are we working on at the moment?

Task Groups and activities that LINK in Cornwall are currently working on or involved in are:

The availability of dental services within the NHS

The provision of out of hours support for people with mental health problems

The process of being discharged from hospital

Engaging with children and young people

The availability of services in Cornwall

Transport

Podiatry

Feeding into consultations and strategies

How are local people and their stories already making a difference?

LINK in Cornwall has listened to what people are saying about NHS dental treatment in Cornwall. They have worked with the Primary Care Trust in influencing the increase of NHS dental treatment places and are now working with them to visit NHS dental practices to see the standard and accessibility of services for patients.

LINK in Cornwall volunteers have researched and reported on changes you would like to see made to out of hours support services for people with mental health problems experiencing a crisis.

LINK in Cornwall volunteers have brought together the people who plan and run the steps a patient goes through when leaving hospital and needing support in their homes or community. They are working together to learn from your experiences to see what can be done differently.

How to get involved: Be part of LINK!

You can take part as an organisation or as an individual. You can:

Say what you think about health and social care services

Tell us your top two of the issues we've already heard via our newsletter

Come along to LINK meetings

Be kept informed of LINK activity

Represent LINK and join in with its activity

Help others to be a part of LINK

Who do I tell about the work I am doing and/or that I want to be come involved?

Please tell the LINK Team: Telephone: 01872 243533

Email: linkincornwall@cornwallrcc.co.uk

Address: LINK in Cornwall, 2 Princes Street, Truro, TR1 2ES

Website: www.linkincornwall.org.uk

Training

PCDT Skills Centre

The PCDT Skills Centre is running a number of training courses in West Cornwall including Spreadsheets, British Sign

Language, Literacy, Numeracy and Business Start Up.

For further information [click here](#) to view their April e-bulletin or contact Patti on 01736 332772 or patti@pcdt.org.uk

Cornwall **Dyslexia Association**

www.cornwalldyslexia.org.uk

Forthcoming (free) Dyslexia Awareness courses for mums, dads, grandparents, carers and other adults involved with dyslexia.

SUMMER TERM CALENDAR 2010

BUDE

Start 29th April THURSDAYS 6-8pm and 30th April FRIDAYS 9.30-11.30am

HAYLE

Start 27th April TUESDAYS 1-3pm and 6-8pm

FALMOUTH

Start 27th April TUESDAYS 1-3pm and 6-8pm

TRURO

Starts June 7th MONDAYS 6-8pm

WADEBRIDGE

Start June 10th THURSDAYS 1-3pm and 6-8pm

All courses are five workshops long

To find out more or to book a place please phone Sally Collard on 01726 69336

IDT Training and Education

Our next course in Cornwall.

Effective Supervision Skills (a 2 day course)

Venue: The Shire House, Bodmin

Date: 7th & 8th June 2010 (Cost 2 days £198.00 + vat per person)

By the end, you will have?

explored what good supervision is, and what it can do for your organisation

understood and practised the use of IDT's simple, powerful supervision process model

raised your awareness of personal perspectives, and their effect on relationships

For further information visit <http://www.idttraining.com/> email mail@idttraining.com or phone 01803 299049

Courses at East Cornwall CVS

How to write good press releases: 20th April, 2pm ? 4.30pm at ECCVS?s Training Room, St Ingunger, Bodmin

At this workshop, you will learn how to get your message across quickly and succinctly, how to grab people?s attention and keep them reading and how to help Editors and Journalists so that your articles get included.

How to write to get results: 30th April, 10am ? 12.30pm at ECCVS?s Training Room, St Ingunger, Bodmin

At this workshop, you will look at various techniques you can use to motivate people to take action from your written word! Make your posters, newsletters, press releases, annual reports, emails and letters have an impact.

Both courses are free to small Voluntary and Community Sector Organisations. **For further information call Sylvia on 01208 832 763 or email s.johnston@eccvs.org.uk for more details.**

Workforce Cornwall

Unlock and engage your workforce potential through professional development and training.

This ESF funded initiative is open to all employers, employees and employed volunteers working, or in contact with, children and young people. (Each beneficiary needs to be in some form of paid employment for a minimum of 8 hours per week.)

A Learning Support Adviser would meet with potential beneficiaries to complete an IAG session and ensure their eligibility.

Financial support is available to fund course fees for Level 2 qualifications, childcare and transport costs and essential equipment.

Examples of qualifications that have already been supported include the following:

ECDL

D1 Minibus Training

First Aid

Supporting Teaching and Learning in Schools

Introduction to Counselling Skills

Additional information on each of the above is provided in the annex attached. Please feel free to circulate this information widely to all who may be interested in accessing this free training opportunity.

If you would like more information or to discuss this in more detail we would be delighted to arrange a visit. Please contact either Louise or Ann on the contact details below.

Louise Williams (West) ? 07528 983246 Lwilliams2@cornwall.gov.uk Ann Savage (East) ? 07528 983247 asavage@cornwall.gov.uk

Logical Solutions Cornwall Courses

Excel 2003 Intermediate Level Duration 1 day

Marine Skills Centre, Bridon Marine Building, Falmouth Docks

7th May 2010. There are only a few places left.

The course content will include: Working with Formulas, Linking Datasheets & Workbooks, Specific Formulas (or FUNCTIONS), Charts and Formatting a Spreadsheets

The cost per delegate is £95, payable in advance, **to include all training materials, lunch, tea & coffee.**

If you or any other members of your organisation are interested in attending the workshop then please

email to admin@logical-solutions-cornwall.co.uk so that a booking form can be sent.

Microsoft Project 2003/2007 workshop

The workshop will be held in Chacewater on the 28th April 2010.

The workshop is aimed at people who want either an introduction to Microsoft Project or a better understanding of the functionality it can offer. Please note that, to attend, delegates must be able to bring their own laptop with Microsoft Project installed.

The cost per delegate is £95, payable in advance, to include all training materials, lunch & refreshments through the day.

If you or any other members of your organisation are interested in attending the workshop then please email to admin@logical-solutions-cornwall.co.uk so that a booking form can be sent.

?Stepping Up? ? Thursday 13th May (Cornwall)

Kingsley Village Conference Centre

Trainer: Debbie Jayne (Pardoes Bevins) Cost: £99

Are you new to supervision or management? If so, you may feel overwhelmed by your new responsibilities for supervising staff. Or perhaps you feel you need a ?refresher? as an experienced supervisor or manager, who never had the opportunity for formal training? Either way, this course provides important insights into your responsibilities for staff and the most common pitfalls and problems.

The course will include:

What is a Manager

How and why people learn

Understanding the new skills required as a manager or supervisor

Managing and understanding teams

Supervisory and leadership styles

Managing misconduct: an overview of the next possible steps

Cascade is pleased to collaborate on the delivery of this course, with Pardoes Bevins Human Resources Ltd - an HR consultancy based in Somerset, covering the South West of England. Rebecca Bevins (Managing Director) and her team deliver in-house and public training courses on a range of personnel/HR management subjects. Bespoke courses can also be written to meet individual business requirements. Debbie Jayne has worked for the company for over 2 years as a consultant and trainer. She previously worked as an HR Manager and Area Personnel & Training Manager with over 6,000 employees and she has a wealth of experience in dealing with situations arising through employment.

The course will run from 9.30am ? 4.30pm at: Kingsley Village Conference Centre, A30, Penhale, Fraddon, Cornwall TR9 6NA. Directions will be sent to delegates.

A sandwich lunch and certificates confirming course completion will be provided.

The cost of 3 bookings made at the same time by the same organisation, is discounted by 10%.

Cascade is an emerging social enterprise run by Lindy Booth, an experienced charity and fundraising manager who now works freelance, and Lauren Evans, an experienced human resources professional.

For queries about bookings/courses, please email: lauren@cascadetrainingplus.co.uk

For details of our other services, please visit our website at: www.cascadetrainingplus.co.uk

Events

Singing for Wellbeing

Singing for Wellbeing presents 'A Bit of a Do' - regular get-togethers for people with memory issues, their carers, friends and family. Sessions include singing of songs through the decades, dance and movement, tea and conversation as well as the opportunity to meet other people in similar situations.

Sessions begin on 12 May from 2.30pm to 4pm, at Hanover Court dayroom, Wharf Road, Penzance.

Please phone one of our facilitators for more information: - Val 01736 361146 or Caroline 01736 874390

BF Adventure

Are you unemployed and aged 19 ? 65?

Come and enjoy a free Family Day at BF Adventure!

Bring your children, partner, parents, extended family (or whoever is your support network) and try out exciting outdoor activities such as:

Climbing

Abseiling

Archery

Canoeing

Team building games

When

Various dates ? please contact us for more information

Where

Goodygrane Activity Centre Halvasso, Longdowns, Penryn TR10 9BX

We can also support you with:

Transport

Childcare

Lunch

Opportunities to sign up for further training or support in job search and building your CV

For more information phone Sam on 01326 340 912 or send an email to sam@bfadventure.org

News

Penlee Park Outdoor Theatre

Are you looking for an affordable venue in the heart of Penzance, have you thought about Penlee Park Outdoor Theatre.

Penzance Town Council are trying to promote this venue for 2010 so for 2010 it is free though a donation would be

appreciated. It may even be possible to have the restaurant in Penlee House opened for your event serving refreshments including alcohol.

If you are interested then please contact Penzance Town Council 01736 363405

or e-mail townclerk@pz-towncouncil.fsnet.co.uk

PCDT Freestyle Programme 2009

Are you an Organisation that works with NEET Young People?

The aim of the Freestyle Programme is to work with young adults aged 13-19 yrs who are not in employment, education or training and support them into one of these areas.

The success of a recent pilot project has enabled Penwith Community Development Trust (PCDT) to extend the Programme to support more young people in the Penwith area.

Each young person enrolled on the Programme will be provided with an initial assessment and from this we will draft a 12 week programme that suits their circumstances and needs. The programme will include a range of informal learning activities that focus on personal development and other identified training which will enable the young people to work towards recognised qualifications. Young people will be offered advice, guidance, and support throughout their learning plan as well as the opportunity to make new friends.

Activities on offer could include job search skills, healthy eating, trips out, basic skills, sexual health training, budgeting, work placements, sports leadership awards and first aid training. If eligible, everyone taking part can receive support for travel and childcare expenses, and claim the Education Maintenance Allowance of up to £30 a week.

On completion of the 12 week course it is anticipated the young people will have been inspired to return back into employment, training or education.

Catchment: Penzance and surrounding area.

Contact: Phil Russell? 07872548420 or phil@pcdt.org.uk

Are you aged 16+? Interested in gardening? Not in employment, education or training?

Then we would like to hear from you PCDT is running a 12 week gardening programme which will include a range of informal learning activities. The programme will enable people to work towards recognised qualifications. You will be offered advice, guidance, and support throughout your learning plan as well as the opportunity to make new friends. Perhaps you are someone who already has experience in this area and feel that you could mentor others by sharing your skills. We would like to hear from you to.

The Programme includes: ASDAN Volunteering Award, Youth Achievement Awards, Cornwall Award, NOCN in Horticulture, Health & Safety, First Aid, Confidence Building, CV Creation, Interview techniques, Literacy & Numeracy, ITC, Understand the links between food, health, exercise & the local environment Greenhouse maintenance and growing, Maybe eligible for EMA, Marketing & selling produce, Composting

For further information contact Phil Russell PCDT, The Penwith Centre, Parade Street, Penzance, TR18 4BU, T: 01736 334650 E: phil@pcdt.org.uk

KnowHow

KnowHow NonProfit presents In the Chair ? a series of governance podcasts exploring how nonprofit and charity chairs are helping their organizations and fellow board members deal with times of crisis and change. Come and listen!
<http://www.knowhownonprofit.org/leadership/governance/in-the-chair>

If you don't know about KnowHow?

KnowHow NonProfit (www.knowhownonprofit.org) is a fresh new website built solely for people working in not for profit organisations. Completely free and easy to use, it is packed with practical information and resources covering all kinds of topics from finding funding to strategy planning. Use the forums to ask questions, discuss issues and share your own experience. There are also podcasts of events, a calendar of conferences and courses stretching across the UK and

our own fortnightly nonprofit story ?Millcaster Tales.? The site is intended to be a friendly and useful space for a community of nonprofit people and organisations to share what they have learnt and to help others.

KnowHow NonProfit is being built for you by the KnowHow Team at the Centre for Charity Effectiveness at Cass Business School and is funded by the Big Lottery Fund.

Visit the site at www.knowhownonprofit.org and become part of the community!

Funding

Neighbourhood Learning in Deprived Communities 2009/2010 Funding Now Available

The Rural Cornwall & Isles of Scilly Partnership has secured Neighbourhood Learning in Deprived Communities (NLDC) funding from the Learning and Skills Council. This is available in all areas of Cornwall and the Isles of Scilly, but priority will be given to projects from the most disadvantaged/deprived areas that support learning opportunities for those aged 19 or over not in employment, but who want to work.

The main purpose of the fund is to:

support local voluntary and community sector organisations to develop their capacity to deliver learning opportunities for residents of disadvantaged neighbourhoods

Examples of projects include:

Assisting and supporting learning opportunities;

Refurbish and enhance existing premises;

Establish new learning centres / opportunities where none previously existed;

Deliver pre-employment support and training to enable adults to move into sustained employment;

Encourage innovative, accessible 'first step' learning in local communities.

The RCP is particularly interested in learning opportunities that will enhance the capability within the community to develop sustainable communities.

The priority is to seek new providers and build their capacity through attracting voluntary sector providers seeking to supply effective learning to meet the needs of 'hard to reach' learners. Existing providers may apply.

Preference will be given to partnership projects or projects with significant partnership working or partnership potential; and applicants should seek to demonstrate how they will encourage and provide progression opportunities.

The key performance indicator is 'how many new people have entered learning from deprived areas and how many of them have progressed to further learning' and/or employment.

Funding is available to support both revenue and capital items. The funds have to be spent, projects completed and outputs achieved by 31st July 2010.

Please contact Bill Holliday on 01872 324513 or rcp@cornwallenterprise.co.uk

Convergence

Convergence is the new European economic regeneration programme for Cornwall and the Isles of Scilly that runs until 2013. Convergence will make investments that will have a long-term impact on the economy of Cornwall and the Isles of Scilly. It will help to build a stronger more diverse economy by supporting businesses, and helping people into employment and those in work gain new and up-to-date skills.

Convergence consists of two funds European Regional Development Fund (ERDF) and European Social Fund (ESF).

Who is running Convergence? At a national level the Department for Communities and Local Government (CLG) is responsible for ERDF while the Department for Work and Pensions (DWP) is responsible for ESF. More locally the South West Regional Development Agency and Government Office for the South West (GOSW) have had responsibilities devolved to them for ERDF and ESF respectively. Local partners are engaged through the Programme Monitoring

Committee which is chaired by GOSW and includes representatives from our local authorities, the private, community and environmental sectors, the trades unions and representatives from national government and the European Commission.

What is Convergence investing in? Convergence will invest in a range of activities aimed at strengthening our economy, by:

- Developing our people
- Strengthening business
- Investing in our future
- Making connections

How can I access Convergence? Over the lifetime of Convergence there will be a number of straightforward ways to access a range of business support, training; and help into work.

- Focused support for business: Business Link is the main access point for all business support products whether from UK mainstream sources or European programmes. Business Link can be contacted on 0845 600 9966

- Help into work: Cornwall Works is the main access point for help into work and training. Cornwall Works can be contacted on 01872 255015

- Training and support for younger people: Youth Cornwall can be contacted on 01872 326326

- New and updated skills: Nextstep is the main access point for adult learners. Nextstep can be contacted on 0845 850 5070

- Workspace development: Workspace provision can be accessed through the workspace strategic investment framework. Contact: Ian Whale.

- European programmes team: South West of England Regional Development Agency. Email: ian.whale@southwestrda.org.uk Address: Castle House, Pydar Street, Truro, TR1 2UJ

(Source: www.convergencecornwall.com)

For further information visit: www.convergencecornwall.com

If you would like to include an item in a future Inter-Link Cornwall E-News please contact you local Inter-Link Officer. Visit www.cornwallinterlink.org.uk for contact details