

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q2)

PROJECT LEAP					
	Activities and targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
July – Sept 2009 (Q2)	Lifestyle Consultation- 101 Adults (inc Obesity support). 8 children.	77 Adults. 8 children.	Database	-24 Adults 0 children	LC's in demand but currently do not have capacity to meet demand.
	StreetGames-Deliver 14 sites with 650 beneficiaries. Annual target	Delivered 15 sites with 625 beneficiaries. Annual target	Database	Sites= +1 Participants= -25	N/A
	Health Champions- Recruit 5 new volunteers to be placed through the various programmes	Recruit 5 new volunteers to be placed through the various programmes	Health champion Co-ordinator/ database	HC's= 0	N/A
	Exercise referral- Support new programmes in west Cornwall with 128 beneficiaries. Schemes will be run by Leisure Centres LEAP will provide advice and support. Annual target.	Both sites are on the second 8 week programme. Total of 60 beneficiaries to date.	Leisure centre providers	0	N/A

	Swimfit- Deliver 2 courses with 30 beneficiaries.	Delivered 2 courses with 31 beneficiaries.	database	Participants=+1	
	Cardiac rehab-Support delivery at 4 locations with 480 participants. Annual target.	Total beneficiaries to date - 80	Leisure centre providers	-160	Support offered to all local heart support groups (eg with funding applications, first aid courses etc)
	Keep it in the Family. 1 course with 15 families	Keep it in the family	Cornwall Council	Families = 0	
	Weight matters- 2 courses with 40 beneficiaries	Weight matters- 2 courses with 30 beneficiaries	Mary Williamson	Courses = 0 Participants= -10	N/A
	Simple circuits- 2 courses with 20 participants	Simple circuits- 3 courses with 43 participants	database	Courses= +1 Participants= +23	N/A
	Activities planned		Targets planned		
Oct – Dec 2009 (Q3)	Lifestyle Consultations- 38 Adults. 8 children.		38 Adults. 8 children.		
	StreetGames- Deliver 14 sites with 650 beneficiaries. Annual target	Deliver 14 sites with 650 beneficiaries. Annual target			
	Health Champions- Recruit 5 new volunteers to be		Recruit 5 new volunteers to be placed through the various		

	placed through the various programmes	programmes
	Exercise referral- Support new programmes in west Cornwall with 128 beneficiaries. Schemes will be run by Leisure Centres LEAP will provide advice and support. Annual target.	Support new programmes in west Cornwall with 128 beneficiaries. Schemes will be run by Leisure Centres LEAP will provide advice and support. Annual target.
	Swimfit- Deliver 2 courses with 30 beneficiaries.	Deliver 2 courses with 30 beneficiaries.
	Cardiac rehab- Support delivery at 4 locations with 480 participants. Annual target.	Support delivery at 4 locations with 480 participants. Annual target.
	Obesity support clinic 63 beneficiaries.	63 beneficiaries.
	Keep it in the family- 1 courses with 15 families per course	1 courses with 15 families per course
	Weight matters- 2 courses with 40 beneficiaries	2 courses with 40 beneficiaries
	Simple circuits- 2 courses with 20 beneficiaries	Simple circuits- 2 courses with 20 beneficiaries