

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q4)

PROJECT TITLE: LEAP <i>Active</i>					
	Activities and targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
Jan – Mar 2010 (Q4)	Lifestyle Consultations- 38 Adults. 8 children.	31 Adults. 2 children.	Database	-7 Adults -6 children	Through this period children were placed with Keep It programme rather than LC's. No further action necessary.
	StreetGames- Deliver 14 sites with 650 beneficiaries. Annual target	Delivered 14 sites with 651 beneficiaries through 2009/10	Database	Sites= +1 Participants= +1	N/A
	Health Champions- Recruit 5 new volunteers to be placed through the various programmes	Recruited 3 new volunteers to be placed through the various programmes	Health champion Co-ordinator/ database	HC's= -2	No action necessary as there was no demand for volunteers through this period.
	Exercise referral- Support new programmes in west Cornwall. Schemes will be run by Leisure Centres LEAP will provide advice and support.	Support new programmes in west Cornwall Schemes will be run by Leisure Centres LEAP will provide advice and support.	Leisure centre providers		N/A

	Swimfit- Deliver 2 courses with 30 beneficiaries.	Delivered 3 courses with 22 new beneficiaries. However regular participation is in excess of 50 per week.	database	Participants=- 8	Swimming pools are now operating on maximum occupancy for both sessions. We need to move individuals on to alternative sessions as part of their progression to free up space for new referrals. This is still ongoing. The third session is a specific amputee session.
	Cardiac rehab- Support delivery at 4 locations.	Support delivery at 4 locations.	Leisure centre providers	Figures with leisure centres	N/A

	Weight Management support clinic 63 beneficiaries.	71 beneficiaries.	Database/ RCHT records	Beneficiaries= +8	N/A
	Keep it in the family- 1 course with 15 families per course	Referrals 25 Adults 19 Children 21	Database/ MEND national	+10 families referred, giving a waiting list for future courses.	Over subscribed therefore need to work on what happens next. This is a commissioning decision.
	Weight matters- 2 courses with 40 beneficiaries	2 courses delivered with 15 beneficiaries. Falmouth 6, Truro 9.	Mary Williamson	-25	We provide PA input only. The recruitment is an issue for the Weight Management worker at HPS.
	Simple Circuits- 2 courses with 10 per course	2 courses delivered with 29 participants. Bude-20, Newquay 9.	Database	+9	N/A