

## HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q1)

PROJECT TITLE: LEAPActive					
	Activities and targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
April – June 09 (Q1)	Physical Activity Reviews (GP and community based)- 38 Adults. 8 children.	19 Adults. 14 children.	Database	Adults= -19 Children= +6	Dependant on referrals but capacity means we cannot promote any more. Targets may be reduced to compensate.
	Over 50's Leisure Week Deliver one programme covering the whole of Cornwall with 1500 beneficiaries	172 activities 49 activity providers 761 members 238 aged 65+ 343 members booked on activities 789 places booked on activities	Database	Members= -739	New delivery method reduced the overall number of members. We will re-evaluate and check methods of communication for next year.
	StreetGames Deliver 14 sites with 650 beneficiaries. Annual target	14 sites with 452 beneficiaries. Annual target	Database/ online M&E with StreetGames	Sites = 0 Beneficiaries= -198	On track, this is an annual target.
	Health Champions Recruit 5 new volunteers to be placed through the various programmes	5 new volunteers to be placed through the various programmes	Database/ Health Champ Co-ordinator	=0	This number needs to be checked with Zelga for accuracy.

	Exercise referral Support new programmes in west Cornwall with 128 beneficiaries. Schemes will be run by Leisure Centres LEAP will provide advice and support. Annual target	Supporting new programmes in west Cornwall with 128 beneficiaries. Schemes will be run by Leisure Centres LEAP will provide advice and support. Annual target.	Leisure Centre records	Numbers dependant on take up with Leisure Centre. This is for guidance only.	LEAP has an advisory role. The emphasis is with Leisure Centres. We will increase communication and support where necessary.
	Swim Fit Deliver 2 courses with 30 beneficiaries.	Deliver 2 courses with 30 beneficiaries. Overall 40 beneficiaries of which 10 new and 30 existing.	Database	Beneficiaries=+10 but include 30 existing.	Total Beneficiaries is good but we need to increase new participants.
	Cardiac Rehab Support delivery at 4 locations with 480 participants. Annual target.	2 locations running with 28 participants.	Leisure Centre records	Locations= -2 Participants= -92	LEAP has an advisory role. The emphasis is with Leisure Centres. We will increase communication and support where necessary. Delay in training of staff had a bearing on delivery start date.
	Obesity Support Clinic 63 beneficiaries.	62 beneficiaries.	Database	Beneficiaries= -1	No action needed.
	Keep it in the Family	Running in quarter 2.	N/A	N/A	Running in quarter 2

	1 courses with 15 families per course				not quarter 1. Delivery via Cornwall Council for the East course.
	Weight Matters 2 courses with 40 beneficiaries	1 course with 18 beneficiaries	Weight Management Worker	Courses=-1 Beneficiaries=-22	Due to cancellation of Mevagissey.
<b>July – Sept 09 (Q2)</b>	<b>Activities planned</b>		<b>Targets planned</b>		
	Physical Activity Reviews (GP and community based)		20 Adults. 8 children. (Change to adult target)		
	StreetGames		Deliver 14 sites with 650 beneficiaries. Annual target		
	Health Champions		Recruit 5 new volunteers to be placed through the various programmes		
	Exercise referral		Support new programmes in west Cornwall with 128 beneficiaries. Schemes will be run by Leisure Centres LEAP will provide advice and support. Annual target.		
	Swim Fit		Deliver 2 courses with 30 beneficiaries.		
	Cardiac Rehab		Support delivery at 4 locations with 480 participants. Annual target.		
	Obesity Support Clinic		63 beneficiaries.		
	Keep it in the Family		1 courses with 15 families per course		
	Weight Matters		2 courses with 40 beneficiaries		