

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q1)

PROJECT TITLE Mental Health Promotion					
	Activities and targets planned	Activities delivered and targets achieved	Evidence list	Variance	Action Plan to address any variance
April – June 09 (Q1)	<p>(1) Mental Health Promotion Training Program 09-10</p> <ul style="list-style-type: none"> Design Mental Health Promotion (MHP) Training Program Training to be delivered from April 09 to March 10 	<ul style="list-style-type: none"> MHP training program designed and includes the following 9 courses: <ul style="list-style-type: none"> Occupation for Health Managing Anxiety Managing Depression Mental Health Awareness Mindfulness Taster Days Understanding the relationship between substance misuse and mental health Stress in the Workplace Suicide Awareness Basic Understanding of the Mental Capacity Act 2005 	<ul style="list-style-type: none"> Health Promotion Training Program 2009-2010 	N/A	N/A
	<ul style="list-style-type: none"> Secure trainers to deliver these training courses 	<ul style="list-style-type: none"> Trainers secured. 	<ul style="list-style-type: none"> As above and email correspondence 	N/A	N/A
	<ul style="list-style-type: none"> Agree appropriate fee's for training 	<ul style="list-style-type: none"> Fee's agreed 	<ul style="list-style-type: none"> Email correspondence 	N/A	N/A

	<p>(2) World Suicide Prevention Day 10th September 2009</p> <ul style="list-style-type: none"> • Discuss with Sara Roberts how best to promote this day • Secure any funding necessary • Secure venue 	<ul style="list-style-type: none"> • Meeting booked for July 27th with Sara to discuss how best to promote this day • Not yet • Not yet 	<ul style="list-style-type: none"> • Minutes from this meeting • Will know more after above meeting • As above 	N/A	N/A
	<p>(3) We Can <i>Keep</i> Active</p> <ul style="list-style-type: none"> • Identify stake holders/partner agencies • Identify activities for event 	<ul style="list-style-type: none"> • Stake holders/partner agencies identified: <ul style="list-style-type: none"> ○ Mental Health Promotion ○ Cornwall Council ○ Cornwall Partnership Trust ○ Health Promotion Service ○ Fit for Life ○ Hayle Surf Live Save Club ○ Carnbrae Leisure Centre ○ St Ives School ○ Mobilise ○ Volunteer Cornwall ○ St Ives Sailing Club ○ Porthleven Gig Club • Activities identified: <ul style="list-style-type: none"> ○ Gig Rowing ○ Cycling ○ Walking ○ Surfing ○ Circuit Training ○ Tennis ○ Sailing 	<ul style="list-style-type: none"> • Meeting minutes and email correspondence • As above 	N/A	N/A

	<ul style="list-style-type: none"> Organise publicity through communications dept. Identify funding streams Aim for around 50 attendees Evaluate process 	<ul style="list-style-type: none"> CPT/PCT agreed press release and sent to local press and media Cornwall Council, MHP and float from last year makes up funding Info circulated around CPT and other networks to ensure attendance but evaluation will show actual attendees after event Evaluation to be done in October 	<ul style="list-style-type: none"> As above, and printed press releases Email confirmations As above Not yet 	<p>N/A</p> <p>N/A</p> <p>N/A</p> <p>Yes</p>	<p>N/A</p> <p>N/A</p> <p>N/A</p> <p>Not due until October 09</p>
	<p>(4) Workplace Health</p> <ul style="list-style-type: none"> Support Steering Group Develop New Induction pack for HPS 	<ul style="list-style-type: none"> Meeting attended and new workplace activity schedule put together Rachel Faulkner and KO to designed new induction pack 	<ul style="list-style-type: none"> Minutes Induction pack 	<p>N/A</p> <p>N/A</p>	<p>N/A</p> <p>N/A</p>
July – Sept 09 (Q2)	Activities planned		Targets planned		
	<p>(1) World Mental Health Day 10th October 2009</p> <p>(2) Time to Change Event 28th & 29th July 2009</p>		<ul style="list-style-type: none"> Meet with managers of Richmond House to discuss partner involvement for this years event Secure any funding necessary Secure venue Meet with ‘rethink’ to discuss this awareness raising day 		

	<p>(3) Work Place Health – Mentor Scheme</p> <p>(4) Work Place Health – Job Centre Plus</p> <p>(5) Health Promotion/MHP - Approved Premises</p>	<ul style="list-style-type: none">• Agree what my input should be• Book appropriate resources from library• Attend event, promote MHP and network • Present scheme and implement• Provide mentor training • Develop 4 x workshops for Stress Awareness and Reduction to be delivered in September 09 • Get feedback from partners for Lifestyle questionnaire and set up next meeting for steering group
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