

## HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q4)

<b>PROJECT TITLE: Mental Health Promotion</b>					
	<b>Activities and targets planned</b>	<b>Activities delivered and targets achieved</b>	<b>Evidence list</b>	<b>Variance</b>	<b>Action Plan to address any variance</b>
<b>Jan – Mar 2010 (Q4)</b>	<b>1) To deliver courses for the Mental Health Promotion Training Program 09-10:</b> <ul style="list-style-type: none"> <li>Deliver 2 courses</li> </ul>	<ul style="list-style-type: none"> <li>Courses delivered: Suicide Awareness x 12 Managing Anxiety x 9</li> </ul>	<ul style="list-style-type: none"> <li>Evaluation forms</li> </ul>	n/a	n/a
	<b>2) Suicide Prevention</b> Deliver 2 ASIST courses	<ul style="list-style-type: none"> <li>ASIST Course delivered Jan x16</li> <li>ASIST Course delivered Feb x16</li> </ul>	<ul style="list-style-type: none"> <li>Evaluation forms</li> </ul>	n/a	n/a
	<b>3) Mental Health Awareness/Stress Reduction</b> Meet with Cornwall Farmers & Job Centre Plus to roll out basic mental health awareness training for groups in Cornwall	<ul style="list-style-type: none"> <li>Postponed</li> </ul>		<ul style="list-style-type: none"> <li>Cornwall Farmers &amp; Job Centre Plus still organising staff for course</li> </ul>	<ul style="list-style-type: none"> <li>Await contact</li> </ul>