

## HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q2)

PROJECT TITLE - Mental Health Promotion				
	Outcomes and behavioural goals planned	Outcomes and behavioural goals achieved	Variance	Action Plan to address any variance
July – Sept 11 (Q2)	<b>1. Mental Health Training Program</b>  <b>ASIST (Applied Suicide Intervention Skills Training) with 80 participants:</b> <ul style="list-style-type: none"> <li>- July in Newquay x 16 participants</li> <li>- July in Penzance x 16 participants</li> <li>- Sept in Penzance x 16 participants</li> <li>- Sept in Liskeard x 16 participants</li> <li>- Sept in Newquay x 16 participants</li> </ul>	70 participants in total.	-10 DNA	Sometimes DNA's are invoiced but others are placed back on waiting list.
	<b>Workplace Health Training x 9 venues:</b> <ul style="list-style-type: none"> <li>- July at Kensey Foods x 14 staff</li> <li>- July at Kensey Foods x 16 staff</li> <li>- July at Job Centre Plus x 31 staff</li> <li>- Aug at Cornwall Council x 30 staff</li> <li>- Aug at Cornwall Council x 12</li> <li>- Aug at PCDT x 24</li> <li>- Sept at Cornwall Council x 12</li> <li>- Sept at JCP Penzance x 12</li> <li>- Sept at Cornwall Council x 12</li> </ul>	All participants attended.	0	n/a

	<p><b>2. We Can Get Active Event Week:</b></p> <ul style="list-style-type: none"> <li>- Event takes place 18<sup>th</sup> – 23<sup>rd</sup> July</li> <li>- Expected uptake: 30 clients on approx. 17 activities</li> </ul>	<p>Result on all activities was that 19 people took part in 19 different activities most of who did 2-3 different ones each.</p>	<p>-11 clients</p>	<p>Uptake low this year believed to be through poor marketing. New strategy in place for next year.</p>
	<p><b>3. Suicide Liaison Forum:</b></p> <ul style="list-style-type: none"> <li>- Next meeting, July</li> <li>- Discuss Suicide conference and feedback</li> </ul>	<p>Meeting took place. Feedback from event good. Discussed design on 'z' card to promote services.</p> <ul style="list-style-type: none"> <li>- Z cards to go to all members of COSS (Co-ordinated Suicide Services for Cornwall) which is 8 at present and will be then given out to all people who are in or come into contact with these services.</li> <li>- Outcome expected to support more people who have been bereaved by suicide.</li> </ul>	<p>n/a</p>	<p>Future involvement to be evaluation and re-print.</p>

	<p><b>4. Health Promotion Clinics in In-patient wards reaching x 25 people:</b></p> <ul style="list-style-type: none"> <li>- Collate numbers attended and feedback from patients and ward</li> <li>- Deliver report to Physical Healthcare Group</li> </ul>	<p>5 x HPS clinics were delivered to 5 different MH in-patient wards in the county. Attended by approx. 87 clients.</p> <ul style="list-style-type: none"> <li>- Wards included Bay at Longreach, Fettle, Harvest, Bowman and Fletcher at Bodmin.</li> <li>- HPS clinics included Healthy Eating, Sexual Health, Physical Activity, Sun Safety &amp; Weight Matters.</li> <li>- Report delivered to all Ward Managers and Physical Healthcare Steering Group.</li> </ul>	<p>87 people attended</p> <p>+62</p>	<p>n/a</p>
	<p><b>5. World Suicide Prevention Day – 10<sup>th</sup> September</b></p> <p>Prep and discuss with Public Health</p>	<p>Week long run of radio interviews by all members of COSS (Co-ordinated Suicide Services) CIOS. Aired daily from Mon 5<sup>th</sup> – Sun 11<sup>th</sup> Sept. Countywide receivership.</p>	<p>n/a</p>	<p>n/a</p>
	<p><b>6. World Mental Health Day – 10<sup>th</sup> October</b></p> <p>Prep and discuss with Event Cornwall</p>	<p>Decision taken to organise 3 flash-mobs in Truro City centre of Mon 10<sup>th</sup> Oct.</p>	<p>n/a</p>	<p>n/a</p>

	and aim to reach around 2000 people cross county through media reporting.			
<b>Partners worked with this Q, incl HPS</b>	HPS programs, Public Health, Event Cornwall, COSS, CPT, PCT			
	<b>Outcomes and behavioural goals planned</b>			
<b>Oct – Dec 11 (Q3)</b>	<p><b>1. Mental Health Training Program</b></p> <p><b>ASIST (Applied Suicide Intervention Skills Training):</b></p> <ul style="list-style-type: none"> <li>- Oct in Falmouth x 16</li> <li>- Oct in Newquay x 16 participants</li> <li>- Nov in Wadebridge x 24</li> <li>- Dec in Wadebridge x 24</li> </ul> <p><b>Workplace Health Training (Stress in the Workplace)</b></p> <ul style="list-style-type: none"> <li>- Oct in Outlook Southwest x 16</li> <li>- Oct in Cornwall Council x 24</li> <li>- Nov in JCP Bodmin x 12</li> <li>- Nov in HPS x 10</li> <li>- Nov in Cornwall Council x 48</li> <li>- Nov in Tulip Foods</li> <li>- Nov in JCP St Austell x 12</li> <li>- Dec in JCP Newquay x 12</li> <li>- Dec in Cornwall Council x 24</li> </ul>			

	<p><b>Mental Health Awareness &amp; Understanding</b> - Oct in HPS x 10 participants</p> <p><b>SafeTalk</b> - Dec in HPS x 12</p>
	<p><b>2. Suicide Liaison Forum:</b> - Next meeting, Oct - Agree on design of 'z' card and organise circulation to county</p>
	<p><b>3. World Mental Health Day – 10<sup>th</sup> October</b> Delivery of the day.</p>