

## HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q2)

<b>PROJECT Mobilise!</b>					
	<b>Activities and targets planned</b>	<b>Activities delivered and targets achieved</b>	<b>Evidence list</b>	<b>Variance</b>	<b>Action Plan to address any variance</b>
<b>July – Sept 2009 (Q2)</b>	Mobilise walks 12 delivery locations with different walk routes  313 new participants through 2009	17 delivery locations with different walk routes  70 new participants this quarter. 2009 total= 187	Natural England database	Walks= +5 Participants= -126 (ytd)	On track to reach annual target
	Mobilise cycle rides 7 rides per week  39 new participants cycling	7 rides per week  4 new participants cycling	Sustrans database	Rides= 0  Participants= -35	Very low due to large re-organisation of the cycle programme through this period.
	Saddlebags & Secateurs Group meets twice a month, one evening, one Sunday  10 new volunteers for S&S	Group meets twice a month, one evening, one Sunday  0 new volunteers for S&S	Cornwall Council database	Volunteers =- 10	Not a priority area, therefore slippage of target.

	Volunteers 30 trained through volunteer walk leader	29 trained through volunteer walk leader	Mobilise database	Volunteers= -1	N/A
	<b>Activities planned</b>		<b>Targets planned</b>		
<b>Oct – Dec 2009 (Q3)</b>	Mobilise walks  Mobilise cycle rides  Saddlebags & Secateurs  Volunteers		12 delivery locations with different walk routes  313 new participants through 2009  7 rides per week  39 new participants cycling  Group meets twice a month, one evening, one Sunday  10 new volunteers for S&S  30 trained through volunteer walk leader		

Additional outcomes:

- Supported Mineral tramways launch with 2000 beneficiaries.
- Delivered health walks with falls prevention group at Camborne/ Redruth hospital- 6 participants
- Developing Health walks with Cardiac support group in Delabole.
- Supporting the Hawthorne project in North Devon.

