

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q1)

PROJECT TITLE: Mobilise!				
	Outcomes and behavioural goals planned	Outcomes and behavioural goals achieved	Variance	Action Plan to address any variance
April – June 11 (Q1)	15 new volunteer walk leaders trained	14 new volunteer walk leaders trained.	-1	N/A
	5 weekly guided cycle rides	5 weekly cycle rides delivered.	0	N/A
	17 new cyclists attending guided rides.	3 new cyclists	-14	The cycle rides are at a mature stage with a good core of regular cyclists. We will now concentrate of helping the sustainability of these sessions rather than attracting new participants.
	15 guided weekly walks with one longer monthly walk	16 weekly walks with 1 monthly walk.	+1 walk	N/A
	130 new walkers attending the guided walks	60 new walkers to scheme.	-70	As guided

				cycle rides.
	Delivery of calendar of events as part of the festival of cycling with 1400(total) beneficiaries	Delivered as part of the Live Well event. Total 1799 attendees.	+399	
	Website attracting 500 unique users.	643 unique visitors.	+143	
	6 new volunteers with Saddlebags and Secateurs	10 new volunteers with Saddlebags and Secateurs	+4	
	To work with 6 local businesses to encourage the uptake of active travel to work.	6 businesses worked with through this programme- Pool Innovation Centre, Jarrang (Falmouth), Eden, Tulip Foods (Bodmin), Bedruthan Steps (Mawgan Porth) and Penwith Housing Association.	0	
	Development of one new infrastructure project	Initial scoping exercise complete with the detail to add into next quarters work plan.	0	
Partners worked with this Q, incl HPS	Cornwall Council, Eatsome, Natural England, Eden, Imerys and Sustrans.			
	Outcomes and behavioural goals planned			
July – Sept 11 (Q2)	15 new volunteer walk leaders trained through Natural England			
	3 weekly guided cycle rides, 2 volunteer led cycle rides			
	15 new cyclists attending guided rides.			
	12 guided weekly walks with one longer monthly walk			
	120 new walkers attending the guided walks			
	Progress towards one infrastructure development			

	Maintain development of website continuing to attract 300 hits per month
	Delivery of calendar of events as part of the festival of cycling with 1400(total) beneficiaries
	6 new volunteers with Saddlebags and Secateurs
	Development of one new infrastructure project

Unexpected Outcomes:

-Inpatient Physical Activity sessions at Longreach and Bodmin Hospitals.

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