

Town	Location	Day	Time	Drop-in or Group	Advisor/s	Start date
Bodmin	Wetherspoons	Wednesdays	18.00 - 20.00	Drop-in	Ros Carthew	06.01.10
Bude	Stratton Health Office	Tuesdays	18.00 - 20.00	Drop - in	Julia Bright	
Callington	Callington Community Clinic	Wednesdays	18.00 - 18.30	Drop - in	Russ Hansen	
Camborne/ Redruth	Camborne and Redruth Hospital, Lanyon Room	Saturdays	9.30 - 12.30	Drop - in	Michele Stubbs	
Falmouth	Fire Station	Tuesdays	17.00 - 19.00	Drop - in	Sue Hosking	12.01.10
Hayle	Hayle Day Centre	Mondays	18.00 - 20.00	Group	Katie Vallance	11.01.10
Helston	Helston Day Hospital	Tuesdays	19.00 - 20.00	Drop - in	Kerry Johns	05.01.10
Launceston	Launceston Hospital, Training room	Wednesdays	18.00 - 20.00	Group	Cameron Kellman	13.01.10
Liskeard	Liskeard Hospital, Health Ed room	Mondays	17.00 - 19.00	Drop-in	Norman Goodey	
Newquay	Newquay Hospital, Training room	Fridays	18.00 - 19.00	Group	Chris Cowe	15.01.10
Penzance	Fire Station	Tuesdays	17.00 - 19.00	Drop - in	Michele Stubbs	12.01.10
St Austell	Penrice Hospital	Mondays	18.00 - 20.00	Drop - in	Jenny James	
St Columb	Children's Centre	Tuesdays	09.00 - 12.00	Drop-in	Nina Brenton	
St Ives	Stennack Surgery	Thursdays	18.00 - 19.30	Drop - in	Michele Stubbs	14.01.10
Saltash	St Barnabas Hospital	Mondays	18.00 - 20.00	Group	Sharon Nightingale	11.01.10
Torpoint	CHAT Link	Tuesdays	9.30 - 12.30	Drop - in	Russ Hansen	
Truro	Britannia Inn	Mondays	17.30 - 19.00	Group	Sue Hosking/ Sarah Roberts	11.01.10

Duration
12 weeks
Ongoing
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12 weeks
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