

TOBACCO YIELDS

PIPE SMOKERS

One bowl of tobacco is approximately equivalent to 2.5 cigarettes

Take the total number of bowls of tobacco smoked per day and multiply by 2.5

CIGAR SMOKERS

One Café Crème (or similar small cigar) is approximately equivalent to 1.5 cigarettes

One Hamlet (or similar medium cigar) is approximately equivalent to 2 cigarettes

One Havana (or similar large cigar) is approximately equivalent to 4 cigarettes

ROLL-YOUR-OWN SMOKERS

Each 25g (1oz) of tobacco is approximately equivalent to 50 cigarettes

Therefore:

Weight of tobacco per week	Equates approximately to cigarettes per day
25g	7
50g	14
75g	21
100g	28
125g	35
150g	42