

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

Where does that leave you now?

Not interested in change

Probably not ready

Not sure

Thinking about it

Ready to change