

HEALTH PROMOTION SERVICE – QUARTERLY REPORT (Q2)

PROJECT TITLE: Workplace Health				
	Outcomes and behavioural goals planned	Outcomes and behavioural goals achieved	Variance	Action Plan to address any variance
July – Sept 11 (Q2)	Continue to raise awareness of the benefits of healthier workplaces and promote the Cornwall & Isles of Scilly Healthy Workplace Award.	<p>Discussed all evidence base and benefits of a healthier workplace with 8 new businesses face to face that have shown an interest in working towards the Healthy Workplace Award.</p> <p>1 article was produced for the GP Bulletin/LMC and 1 press release was produced and published in the West Britton in Sept 2011 for 1st GP surgery who achieved Bronze Healthy Workplace Award.</p> <p>Invited to present at a team meeting for Cornwall Development Company on 21/09/11</p> <p>Promoted and participated in the ‘Be Active Truro’ Event on Lemon Quay on 17 & 19th August 2011.</p>		

	<p>On the 8th September 2011 Cornish Mutual organised a Healthy & Wellbeing Day. This was supported by the HPS Team (Eatsome & Stop Smoking Team).</p> <p>Attended the Staff Wellbeing Day at Eden on 23/9/11</p> <p>2 Healthy Workplace Award visits have been carried out. 16/8/11 – Carnon Downs Surgery (Bronze Award Level Achieved) 29/9/11 – Coastline Housing Ltd (Gold Award Level Achieved).</p>		
	<p>Continue to support businesses and workplaces in becoming healthier workplaces and recruit 15 new local businesses to the scheme.</p>	<p>Continued to work with all businesses working towards the award and met with 8 new businesses.</p>	-7
	<p>Encourage 15 local businesses to register on the new Workplace Health Website</p>	<p>30 businesses have registered as members on the website. (Total now = 68).</p>	+15

	<p>Investigate, develop and produce workplace health resources and/or training courses dependent on the needs identified by local businesses and workplaces.</p>	<p>A new opportunity has been added to the Workplace Health Programme – ‘Low Back Pain Prevention Programme’. A colleague has been trained on the Level 4 Low Back Pain Course. A 4 hour workshop (including both a Theory & Practical Element) has been designed and offered to businesses involved in the Healthy Workplace Programme. 12 companies have already registered interest on the course.</p> <p>The 6th Edition of the Workplace Health E-Bulletin was produced and distributed on 1st September 2011.</p> <p>5 new additions have been made to the ‘Physical Activity & Sport Offer’ – Newquay Tennis Centre, SW Lakes, Sports Taster Sessions, Badminton Corporate League & Yoga Taster Sessions.</p> <p>Website data: Number of visitors = 1656 (Jul = 598, Aug = 469, Sept = 589) Number of pages = 7162 (Jul = 2163, Aug = 1968, Sept = 3031)</p>		
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		Due to a gap and need identified for Cancer Awareness Sessions a meeting was arranged with the Breast Cancer Specialist Nurse on 30/9/11. Aim to offer future sessions in the workplace setting.		
	Work with Healthy Weight team to deliver health checks within the workplace setting	See Healthy Weight report for details.		
	Make 3 appropriate referrals to partner projects within the Health Promotion Service in delivering support in the workplace setting	<p>Appropriate referrals made:</p> <p>Health Checks = In Quarter 2 Health Checks/Lifestyle Consultations were delivered in 3 organisations In total 68 Health Checks were conducted. New referrals made for the future = 2 new companies</p> <p>Mental Health & Stress Training = The stress in the workplace training was delivered in 5 companies. Total number of staff trained: 163</p>		

		<p>New referrals made for the future = 4 companies</p> <p>Weight Management Groups = 3 weight management groups were delivered in the workplace setting in quarter 2. Total number of staff engaged = 33.</p>		
	<p>With the engagement and support of local businesses investigate the development of an 'Innovation Award'.</p>	<p>Working with Plymouth Business Health Network and Roddas a 'Mentor Award' has been developed. Permission has been granted by the PCT to allow Roddas to officially sponsor the Award. We aim to launch the new 'Mentor Award' at the Annual Healthy Workplace Awards Event on Friday 2nd March 2012.</p>		
	<p>Work towards strengthening the partnerships between the NHS Trusts and Cornwall Council and ensure all NHS Trusts and Cornwall Council are working towards the Healthy Workplace Award.</p>	<p>No joint strategy meetings took place this quarter.</p> <p>HPS are supporting Cornwall Council and their Workplace Health Project Officer and the work plan.</p>		<p>Regular email contact has been made with the group and information/updates are sent out regularly.</p> <p>30 Health Champions from Cornwall Council have been identified to</p>

				attend 2 x RSPH Level II Health Improvement courses have been set for Oct & Nov 2011. Report in Q3
Partners worked with this Q, incl HPS	Companies in Cornwall & Isles of Scilly (Public, Private & voluntary Sector) Cornwall Sports Partnership Cornwall Chamber of Commerce HSE – Scotland Plymouth Business Health Network Health Promotion Colleagues Cornwall Council Cornwall College Cornwall Foundation Trust RCHT ECEHH Peninsula Public Health Network Investors in People SW Occupational Healthy Nurse Group Regional Healthy Workplace Group/Contacts			
	Outcomes and behavioural goals planned			
Oct – Dec 11 (Q3)	Continue to raise awareness of the benefits of healthier workplaces and promote the Cornwall & Isles of Scilly Healthy Workplace Award.			
	Continue to support businesses and workplaces in becoming healthier workplaces and recruit			

	15 new local businesses to the scheme.	
	Encourage 15 local businesses to register on the new Workplace Health Website	
	Investigate, develop and produce workplace health resources and/or training courses dependent on the needs of the identified by local businesses and workplaces.	
	Make 3 appropriate referrals to partner projects within the Health Promotion Service in delivering support in the workplace setting	
	Initiate the planning of the annual celebration - Healthy Workplace Ceremony	
	Promote Workplace Health Strategically by attending at least 4 meetings	
	Investigate the development of a small business grant scheme to help SME's implement workplace health interventions	
	Work towards strengthening the partnerships between the NHS Trusts and Cornwall Council and ensure all NHS Trusts and Cornwall Council are working towards the Healthy Workplace Award.	