Fast Alcohol Screening Test (FAST)

For the following questions please circle the answer which best applies.

1 drink = 1/2 pint of beer or 1 glass of wine or 1 single spirits

1. MEN: How often do you have EIGHT or more drinks on one occasion?
   WOMEN: How often do you have SIX or more drinks on one occasion?

Never | Less than monthly | Monthly | Weekly | Daily or almost daily

2. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

Never | Less than monthly | Monthly | Weekly | Daily or almost daily

3. How often during the last year have you failed to do what was normally expected of you because of drinking?

Never | Less than Monthly | Monthly | Weekly | Daily or almost daily

4. In the last year has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?

No | Yes, on one occasion | Yes, on more than one occasion