

Luxulyan School

Food and Eating - Criterion 6

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Healthy School Validation 2004

School Details and Context

Luxulyan is a very small village school. There are 55 pupils on roll. The numbers on roll have steadily fallen over the past few years. As a consequence, the school reduced from three classes to two from September 2003. The school is housed in modern accommodation in the village of Luxulyan. It serves the village and surrounding rural areas. All the pupils are from a white background and currently there are no children who have English as an additional language. The proportion of pupils known to be eligible for free school meals is below the national average. The full range of ability is represented when pupils enter the school and, overall, their attainment is below average. For many, it is well below average in communication, language and literacy. The proportion of pupils with special educational needs is above the national average.

The school gained the “Healthy Schools” award in 2001, achieved “Investors in People” in 2002 and the Cornish Football Association’s “Charter Standard” for soccer in 2003.

How was the need identified?

Very few children brought a drink to school. School facilities were limited. Several children arriving without breakfast. It was decided to approach Children’s Fund and other organisations in order to obtain set-up funding. Several parents also needed childcare. I wrote to several other charities and shops. Tesco and Norman Family Trust donated £10 and £100 respectively. Children’s Fund donated £300 for spring & Summer Terms; £600 in total. The Club opened in January run by the school cook. See attached leaflet. Healthy eating emphasised.

A grant was obtained to work toward the first year leasing of the water chiller. It was also recognised that not enough fruit was being regularly purchased in the “healthy tuckshop” and fruit platter (50p weeks) began in infants room organised by TA from 2003 (Spring). This includes aspects of nutrition, hygiene, healthy eating and enjoyed by pupils.

Chosen Criteria

Criterion 6 -

Steps taken to meet the criteria

Review of water provision – need for additional pipe work and chiller installed. All pupils given bottles and background information sent to parent – sought

their support, cleaning and returning bottles. Publicised breakfast club to check viability – good response.

Who was involved in the process?

Named Governor, Mrs V George (Vice-Chair) and Mrs Barwell-Clode (Cook). I co-ordinated the setting up with support from Children's Fund and wrote funding letters also tried other agencies, e.g. Extended Schools, EYDP, but poor response. Children's fund very receptive and did liaise regularly.

Outcomes/impact on pupils and the wider community

All enjoy – attendance varies between 6 – 12 pupils (10 – 20%) from 8.00 – 8.45. A mother also helps in education to a paid assistant from 8.00 – 8.30. It has enabled several parents to go to work or no longer use a child minder. One uses the time to study for an OU degree. Meets the "extended schools" criteria. Food handling, hygiene and nutrition very much a focus. Good information to parents.